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Multiscale 3D printing for hierarchical reconstruction and functional regeneration of bone tissue

Running title: Multiscale 3D printing for bone tissue repair

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Abstract

Bone tissue engineering (BTE) has emerged as a promising approach for repairing critical bone defects that remain challenging to treat using conventional grafting strategies. Recent advances in three-dimensional (3D) printing have enabled the fabrication of patient-specific and biomimetic bone constructs with precise control over structural architecture, material composition, and biological functionality. However, native bone exhibits a highly hierarchical organization spanning multiple length scales, and current 3D printing approaches often remain limited by insufficient integration between macroscopic mechanical reconstruction, microscale cellular regulation, and nanoscale bioactive signaling. In this review, we provide a comprehensive overview of multiscale 3D printing strategies for bone tissue reconstruction, highlighting how additive manufacturing technologies facilitate the recapitulation of hierarchical bone structures. We first summarize the historical evolution of 3D printing in BTE and discuss advances in bioinks, biomaterials, and printing technologies. Subsequently, we analyze multiscale reconstruction strategies from three perspectives: macroscale fabrication for personalized anatomical restoration and mechanical support, microscale construction for cellular organization and vascular network formation, and nanoscale engineering for biomimetic extracellular matrix interfaces and molecular regulation. Furthermore, we discuss emerging strategies integrating smart responsive materials, bioactive cues, and computational design to enhance the regenerative capacity of 3D-printed bone constructs. Finally, current challenges and future perspectives are presented, focusing on vascularization, immune regulation, artificial intelligence-assisted scaffold optimization, four-dimensional bioprinting, and clinical translation. This review highlights the potential of multiscale 3D printing as a transformative platform for developing functional bone tissues and advancing personalized regenerative medicine.

Keywords: Multiscale 3D bioprinting; Bone tissue engineering; Biofabrication; Tissue reconstitution; Regenerative medicine

1. Introduction

Bone tissue, as a vital component of the human body, performs multiple essential physiological functions, including providing structural support, protecting vital organs, participating in metabolism, and supporting hematopoiesis ¹. However, bone defects have increasingly become one of the most complex and challenging pathological problems in orthopedic ². Bone tissue damage can be caused by a variety of factors, including trauma, infection, tumor resection, congenital malformations, and degenerative diseases (**Fig.1A**). Fracture healing is a highly complex and precisely regulated biological process that requires coordinated control of multiple stages, including inflammation, angiogenesis, endochondral ossification, and intramembranous ossification ^{3,4}. This process relies on the dynamic balance and fine regulation of various cell types (such as osteoblasts, osteoclasts, and fibroblasts), the extracellular matrix (ECM), and signaling molecules ⁵. When the size of a bone defect exceeds the critical threshold the intrinsic regenerative capacity of the body is markedly limited, necessitating exogenous interventions to promote bone regeneration and functional reconstruction ⁶. It has been reported that approximately two million bone grafting or bone reconstruction procedures are performed worldwide each year ⁷. For patients with large segmental bone defects, the outcomes of existing repair strategies remain suboptimal, with clinically reported healing success rates of only about 80% ⁸. Bone defects are characterized by a high incidence and significant difficulty in repair, highlighting the clear limitations of current therapeutic approaches.

Currently, the primary clinical approaches for treating bone defects include autologous bone grafting, allogeneic bone grafting, and synthetic bone substitutes (**Fig.1B**). Autologous bone grafts remain the clinical benchmark because they provide viable osteogenic cells, an osteoconductive matrix, and endogenous osteoinductive cues ⁹. However, their use is limited by the restricted availability of donor bone and the need for an additional harvesting procedure, which increases surgical trauma, blood loss, and the risk of donor-site complications such as pain, fracture, and infection ¹⁰. Allogeneic bone grafts partially address donor shortages but generally lack viable osteogenic cells and may exhibit reduced osteoinductive activity, although they can retain an osteoconductive matrix; risks of immune rejection and disease transmission also remain. To address the shortcomings of biological grafts, various synthetic bone substitutes, including ceramics, metals, and polymers, have been developed. Due to their abundant availability,

controllable composition, and favorable biosafety, synthetic grafts have become an important alternative for bone repair. Nevertheless, most existing synthetic materials provide mainly structural support while lacking adequate osteoinductive activity, and their degradation rates are often mismatched with natural bone regeneration, leading to suboptimal mechanical and biological outcomes ¹¹. Consequently, the development of more personalized, functional, and regenerative strategies, particularly tissue engineering (TE) approaches that integrate bioactive regulation with multiscale biomimetic design, has emerged as a key direction for advancing bone repair (**Fig.1C**).

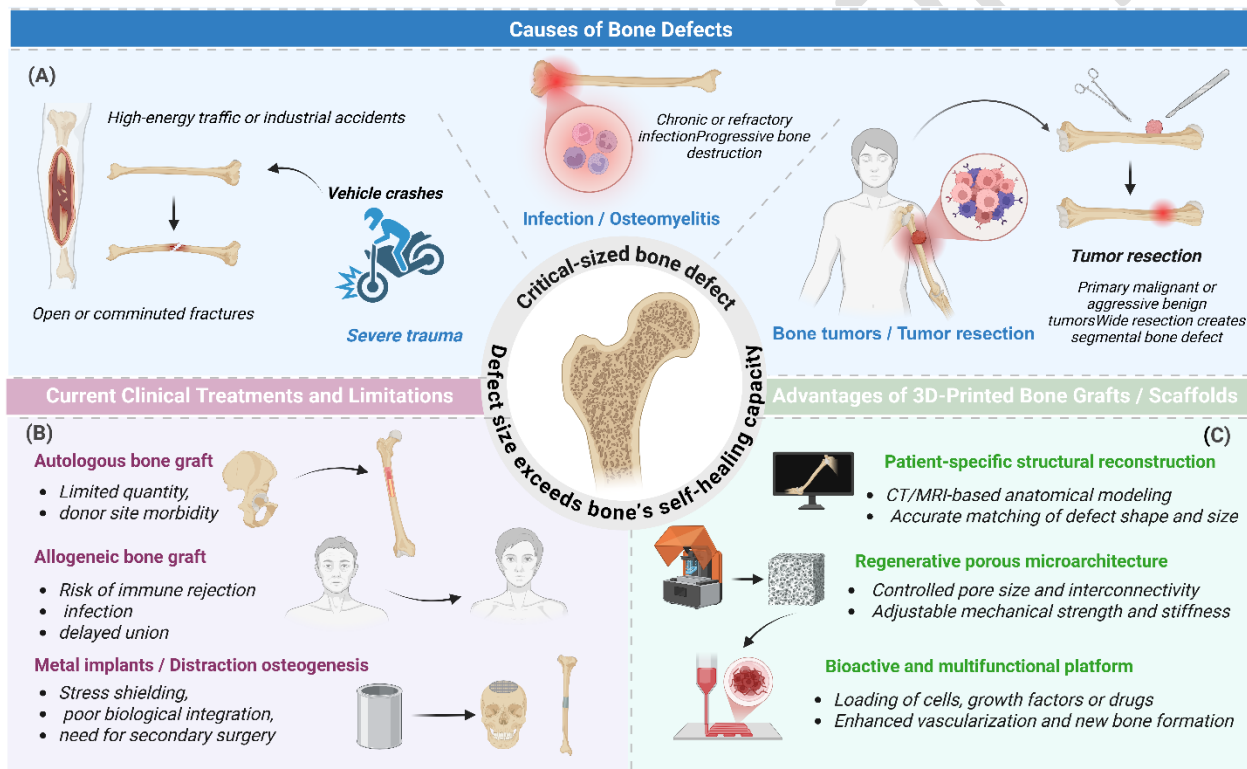


Figure 1. Etiology of critical-sized bone defects, limitations of current treatments, and advantages of 3D-printed scaffolds. (A) Three principal causes of critical-sized bone defects: severe trauma, infection/osteomyelitis, and tumor resection. (B) Key limitations of existing clinical strategies, including donor-site morbidity (autografts), immune rejection (allografts), and stress shielding requiring revision surgery (metal implants). (C) Core advantages of 3D-printed bone scaffolds: patient-specific anatomical reconstruction, tunable porous microarchitecture, and a bioactive platform for loading cells, growth factors, or drugs to promote bone regeneration. (Created with BioRender.com)

In recent years, with the rapid advancement of TE and regenerative medicine, three-dimensional (3D) printing has demonstrated significant potential in bone tissue repair^{12,13}. Based on 3D digital models, 3D printing enables the layer-by-layer fabrication of complex architectures with precise control over both macroscopic geometry and microscopic structure for personalized bone defect reconstruction¹⁴. Patient-specific scaffolds can be directly generated from medical imaging data, such as CT or MRI, to accurately match the defect site in terms of shape, size, and internal porosity¹⁵. More importantly, 3D printing has evolved from a manufacturing technique into a versatile platform for multiscale biomimetic scaffold construction. By precisely tuning printing parameters, including layer thickness, printing paths, pore size distribution, and material composition, it is possible to recapitulate the hierarchical structural features of native bone, ranging from macroscopic mechanical support to microscale porous networks and even nanoscale interfacial regulation (**Fig.2A**). Such scaffold designs provide sufficient mechanical strength to withstand physiological loads while creating an optimal three-dimensional microenvironment for cell adhesion, migration, and angiogenesis^{16,17}. Furthermore, 3D printing enables the integration of diverse functional biomaterials, including bioceramics (e.g., hydroxyapatite and β -tricalcium phosphate), biodegradable polymers (e.g., PLGA and PCL), and metal alloys (e.g., titanium and magnesium). The use of bio-inks also allows the incorporation of osteogenic cells, growth factors, and ECM components, thereby further enhancing the bioactivity and regenerative potential of the constructs. Owing to its unique advantages in structural precision and functional integration, 3D printing is increasingly recognized as a central strategy in bone tissue engineering (BTE).

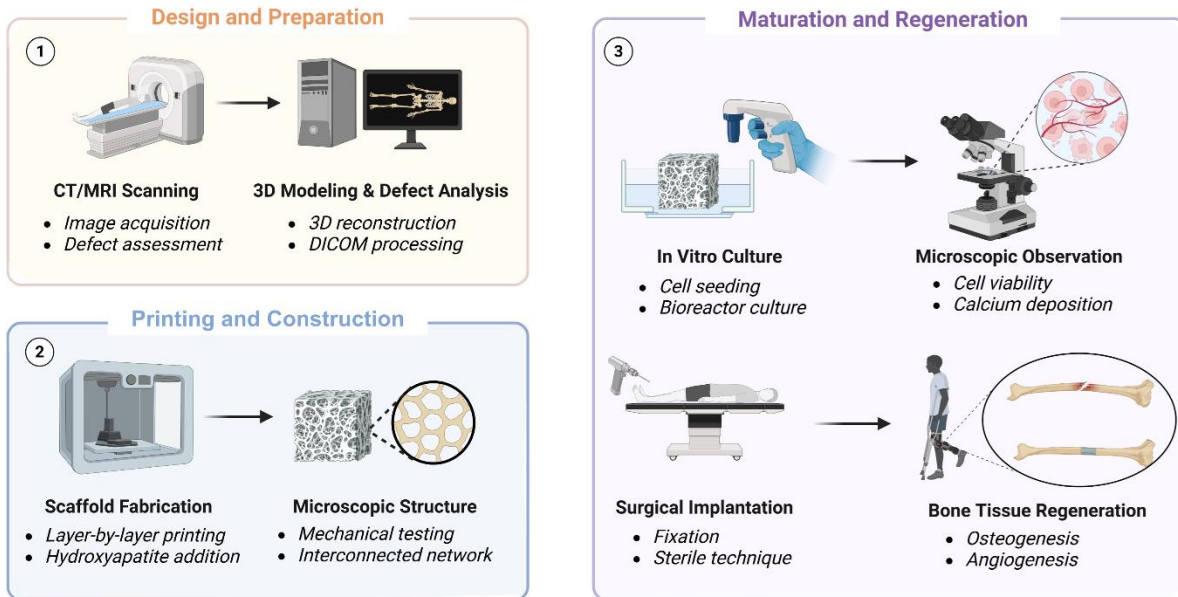
To ensure conceptual consistency, the terminology and scale classifications used in this review are defined according to both fabrication processes and the hierarchical organization of bone. “3D printing” and “additive manufacturing” are used as general terms for layer-by-layer fabrication technologies, including acellular approaches such as fused deposition modeling, selective laser sintering, selective laser melting, and electron beam melting, whereas “3D bioprinting” refers specifically to the spatially controlled deposition of living cells or cell-laden bioinks under cytocompatible conditions. Accordingly, metallic, ceramic, and thermoplastic constructs fabricated without living components are described as 3D-printed or additively manufactured scaffolds, while the term “bioprinting” is reserved for fabrication processes that directly involve cells or bioinks. In parallel, the macro-, micro-, and nanoscale categories discussed throughout this review are defined primarily by their structural and functional roles rather than by rigid

dimensional thresholds. The macroscale relates mainly to anatomical geometry, overall scaffold architecture, and bulk mechanical performance; the microscale encompasses pores, fibers, channels, cellular organization, and local transport environments; and the nanoscale includes surface topography, nanofibrous features, nanoparticles, protein–material interfaces, and molecular signaling cues. Notably, most nanoscale strategies in BTE rely on nanoscale material or interfacial engineering integrated with conventionally printed constructs, rather than direct fabrication of entire scaffolds at nanometer resolution. This framework provides the conceptual basis for understanding how fabrication methods and design features across multiple scales can be coordinated to support anatomical reconstruction, mechanical competence, vascularization, and biologically instructive cell–material interactions.

In this review, we first outline the historical development of 3D printing in BTE, followed by a scale-based discussion of bioink design, printing strategies, and applications in bone reconstruction. The review is systematically organized to summarize 3D printing applications across multiple scales—from macroscale scaffold fabrication to micro- and nanoscale biofabrication—emphasizing how multiscale bioprinting strategies facilitate the recapitulation of bone’s hierarchical structure and promote effective tissue regeneration.

A

Workflow of 3D Bioprinting for Bone Defect Repair



B

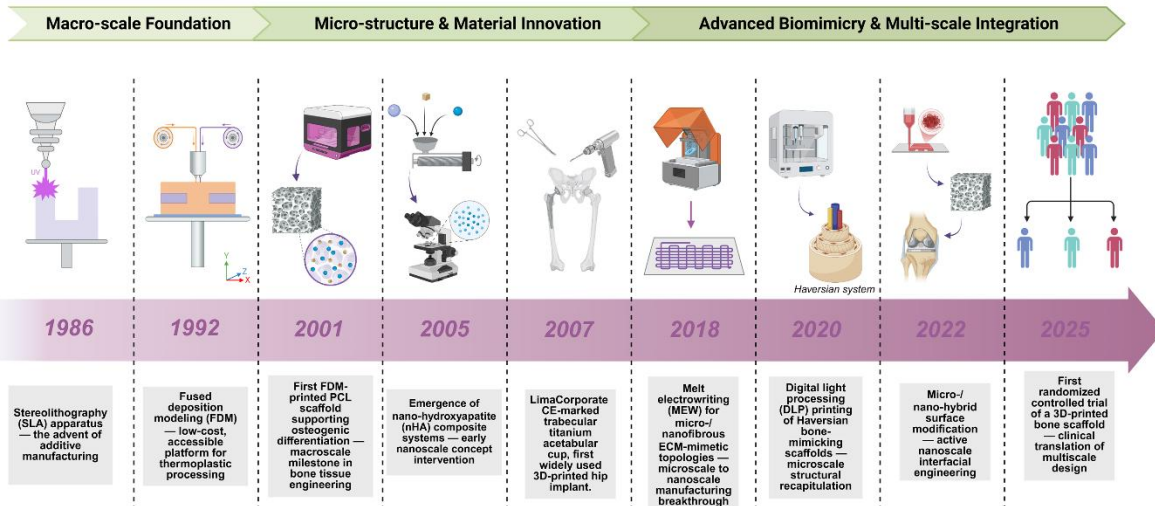


Figure 2. Evolution and workflow of 3D printing technologies for bone tissue engineering. (A) General workflow of 3D printing-assisted bone defect repair, including medical imaging acquisition, digital modeling, scaffold fabrication, biological evaluation, implantation, and tissue regeneration. (B) Historical evolution of 3D printing technologies in bone tissue engineering, highlighting the transition from macroscopic structural fabrication toward microscale organization, biofunctional integration, and multiscale regenerative strategies. (Created with BioRender.com)

2. 3D printing applied to bone tissue reconstruction

2.1. The historical evolution of 3D printing in BTE

The application of 3D printing in BTE has undergone an interdisciplinary transition from industrial manufacturing to biomedicine (**Fig 2B**). Over nearly four decades, the progressive refinement of multiscale fabrication capabilities has been the central theme.

Foundation Period of Macroscale Fabrication (1980s–1990s)

In 1986, Chuck Hull invented stereolithography (SLA), marking the official birth of additive manufacturing¹⁸. Subsequently, key technologies including selective laser sintering (SLS, 1989)¹⁹, fused deposition modeling (FDM, 1992)²⁰, and 3D printing (3DP, 1994) emerged²¹. These breakthroughs primarily addressed the precise fabrication of macroscale 3D structures, laying the manufacturing foundation for future biomedical applications.

Initiation Period of Microscale Structure Regulation (2000s)

In 2001, Hutmacher et al. successfully fabricated biodegradable polycaprolactone (PCL) scaffolds using FDM, demonstrating that synthetic polymers could be reliably printed into porous microscale structures supporting cell adhesion, proliferation, and osteogenic differentiation²². This milestone shifted the focus from “can it be printed?” to “how can microscale structures regulate regenerative function?”, paving the way for multi-material scaffold design and translational applications.

Deepening Period of Multiscale Biofabrication (2010s–2020s)

Recent advances in bioprinting have driven the field from acellular scaffolds toward cell-laden, dynamic, and multifunctional multiscale bone constructs. The hallmark is multiscale integration: macroscopically matching defects, microscopically constructing cell and vascular networks, and nanoscale modulation of cellular behavior via bioactive ions and signaling molecules. In 2019, Anada et al. reported a biomimetic hydrogel 3D printing system that promoted osteogenic and angiogenic gene expression in vitro, demonstrating the feasibility of microscale osteo-vascular coupling²³. In 2020, Chiesa et al. established a vascularized bone model using a co-culture system, achieving capillary neogenesis and spatiotemporal coordination of bone-vascular networks within 3D-printed constructs²⁴. In 2022, Shen et al. fabricated vascularized tissue-engineered bone via 3D bioprinting and confirmed its excellent regenerative performance in a rat critical-sized cranial defect model, with histology showing enhanced new bone formation and rapid host vascular ingrowth²⁵. Gong et al. reported a prospective multicenter randomized controlled trial of the Bongolle® scaffold, providing early clinical evidence regarding its safety and efficacy in the repair of critical-sized bone defects²⁶. Overall, the development of 3D printing in BTE represents a

continuous deepening of multiscale fabrication capabilities—from precise macroscale structuring, through fine microscale pore regulation, to spatial coordination of cell-vascular networks, and finally nanoscale integration of signaling molecules. This evolutionary trajectory clearly illustrates the intrinsic logic of multiscale 3D printing progressing from “structural biomimicry” to “functional regeneration,” providing a historical foundation for focusing on multiscale printing strategies in this review.

2.2. Materials and Bioinks for 3D Printing in BTE

In 3D-printed bone tissue engineering, printing materials and bioinks serve not only as structural units of scaffolds but also as critical carriers for cell growth, biochemical signaling, and mechanical support. An ideal bone-regenerative bioink should meet several essential criteria, including biocompatibility, mechanical compatibility, printability, and biological functionality²⁷. Specifically, the materials and their degradation products should be non-toxic and non-immunogenic; the ink should possess suitable rheological properties and structural stability to provide adequate mechanical support; it must allow precise and reproducible fabrication under specific printing modalities (*e.g.*, extrusion, photopolymerization, or inkjet printing); and it should support cell adhesion, proliferation, and osteogenic differentiation while gradually degrading *in vivo* to be replaced by newly formed bone. Given the hierarchical complexity of bone, rational material selection and bioink design are crucial for integrating structural integrity and biological functionality in 3D-printed bone constructs (**Table 1, Fig 3**).

Table 1. Comparison of representative biomaterials and bioinks used in 3D printing and bioprinting for bone tissue engineering.

Material Category	Representative Materials	Degradability	Bone-Regenerative Activity	Key Advantages	Main Limitations	Application Scope	References
1. Bioceramics							
Inert Bioceramics	Zirconia (ZrO_2)	Non-degradable	None (bioinert)	High fracture toughness; high-precision dental restorations can be fabricated via DLP 3D printing (flexural strength 940 MPa, fracture toughness $6.92 \text{ MPa}\cdot\text{m}^{1/2}$); excellent chemical stability, corrosion and wear resistance; reduced bacterial adhesion.	Bioinert with no proactive osteogenic capacity; stress shielding effect; osseointegration relies on mechanical interlocking without chemical bonding; brittleness limits application under non-axial loading.	Dental restoration; joint load-bearing sites	28-30
Bioactive Ceramics (Calcium Phosphates)	HA; β -TCP; BCP	HA: Extremely slow (years) β -TCP: Moderate (months–years) BCP: Tunable (via HA/ β -TCP ratio)	Excellent osteoconductivity (driven by $\text{Ca}^{2+}/\text{PO}_4^{3-}$ chemistry)	Highly similar composition to the inorganic mineral phase of native bone; excellent osteoconductivity of HA; BCP enables on-demand balance of stability and degradation rate by adjusting the HA/ β -TCP ratio.	Extremely slow degradation of HA (years), hindering bone tissue replacement; low strength of β -TCP (only suitable for non-load-bearing sites); high brittleness and poor toughness.	Non-load-bearing bone defects; cancellous bone filling	31-33
Bioactive Ceramics (Silicates)	Akermanite ($\text{Ca}_2\text{MgSi}_2\text{O}_7$); CaSiO_3	Degradable (moderate rate)	Strong (synergistic effect of	Synergistic osteogenesis driven by multiple ions including Ca^{2+} , Mg^{2+} and Si^{4+} ; Mg^{2+} enhances mineralization, Si^{4+}	Risk of ion burst release in the initial degradation stage; insufficient long-term degradation matching; insufficient	Non-load-bearing bone defects; coating materials	34-36

Material Category	Representative Materials	Degradability	Bone-Regenerative Activity	Key Advantages	Main Limitations	Application Scope	References
			Ca ²⁺ /Mg ²⁺ /Si ⁴⁺ ions)	promotes angiogenesis; promotes bone repair by activating osteogenesis-related signaling pathways.	large-animal and long-term clinical evidence.		
2. Metallic Materials							
Titanium Alloy (Ti-6Al-4V)	Ti-6Al-4V (fabricated via SLM/EBM)	Non-degradable	Weak (surface modification required)	High fatigue strength and corrosion resistance; patient-specific porous lattice architecture can be constructed via SLM/EBM; widely applied in clinical practice.	Elastic modulus far exceeds that of bone tissue, causing significant stress shielding effect and periprosthetic bone loss; surface bioinertness; long-term stability of HA coating to be verified.	Load-bearing bone defects; complex bone reconstruction	29,37-39
Magnesium-based Alloys (Mg alloys)	WE43; Mg-Ca; Mg-Zn	Degradable (relatively fast corrosion rate)	Strong: Mg ²⁺ regulates immune microenvironment, activates osteogenic signaling, promotes vascularization, and inhibits osteoclasts	Elastic modulus close to native bone (E = 41–45 GPa), eliminating stress shielding; actively promotes bone regeneration; degradable to avoid secondary surgery; Mg ²⁺ is an essential ion with high biocompatibility.	Relatively fast corrosion rate; hydrogen evolution reaction may cause subcutaneous emphysema; mechanical integrity is lost before bone healing is completed.	Non-load-bearing or short-term load-bearing sites	40-43

Material Category	Representative Materials	Degradability	Bone-Regenerative Activity	Key Advantages	Main Limitations	Application Scope	References
Zinc-based Alloys (Zn alloys)	Pure Zn; Zn-Li; Zn-Y; LPBF-fabricated Zn	Degradable (generally more moderate than Mg; composition- and structure-dependent)	Osteogenic and angiogenic potential through controlled Zn ²⁺ release; dose- and composition-dependent	Moderate degradation kinetics without hydrogen evolution; Zn ²⁺ participates in bone metabolism; LPBF enables patient-specific porous structures and microstructural regulation.	Limited strength of pure Zn; high vapor pressure may cause evaporation and porosity during LPBF; process-induced anisotropy; excessive Zn ²⁺ release may impair cytocompatibility; limited long-term and clinical evidence.	Biodegradable bone scaffolds; small bone fixation devices; guided bone regeneration membranes; orthopedic implants under preclinical evaluation	44-47
Tantalum	Porous pure tantalum (fabricated via SLM)	Non-degradable	Osteoconductive; promotes osseointegration	Excellent corrosion resistance; highly porous interconnected architecture can facilitate bone ingrowth; high long-term survival rate of clinical implants.	High density (16.6 g/cm ³) and high melting point (2996°C) lead to extremely high processing cost; decreased fatigue strength of high-porosity scaffolds; clinical translation path unclear.	Joint replacement; spinal fusion; osteonecrosis of the femoral head	48-50

3. Polymers

Natural Polymers	Gelatin/GelMA Alginate; Chitosan; Silk fibroin	Degradable (wide variation among materials)	Strong (RGD sequence mimicking native ECM)	Contains cell recognition sites (RGD sequence), highly similar to native ECM; supports cell adhesion, proliferation and osteogenic differentiation; alginate/bacterial cellulose/PCL composite compressive modulus	Insufficient mechanical strength, unsuitable for load-bearing sites; difficult to precisely regulate the degradation rate; contradiction between printing accuracy and cell	Bioinks; cell-laden scaffolds; drug delivery carriers	51-54
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Material Category	Representative Materials	Degradability	Bone-Regenerative Activity	Key Advantages	Main Limitations	Application Scope	References
				matches that of cancellous bone (31–48 MPa).	viability for some materials.		
Synthetic Polymers	PCL; PLA; PLGA	Degradable (tunable from months to years)	Weak (surface functionalization required)	Tunable mechanical properties and degradation rate; mature hot-melt extrusion process of PCL, used for macroscopic frameworks of large-segment bone defects; PLA/PCL blending synergistically improves brittleness and cell adhesion.	Bioinert with poor hydrophilicity; local acidification caused by PLGA degradation products; weak cell adhesion; static materials cannot respond to the dynamic needs of bone healing.	Macroscopic scaffold frameworks; non-load-bearing sites	14,55-57
Natural/Synthetic Composite Polymers	GelMA/PCL; Sodium alginate/chitosan/gelatin	Degradable (designable)	Moderate to strong (synergistic effect)	Balances bioactivity and mechanical properties; the ternary composite scaffold (15% gelatin) increased tensile strength from 386 kPa to 693 kPa while maintaining suitable porosity (383–419 μm); GelMA composite system provides an optimized microenvironment for cell proliferation and differentiation.	Complex degradation matching of multi-components; large parameter optimization space; still static scaffolds, unable to temporally respond to the dynamic process of bone healing.	Multi-scenario bone scaffold design	52,58-60

4. Smart & Responsive Materials

Material Category	Representative Materials	Degradability	Bone-Regenerative Activity	Key Advantages	Main Limitations	Application Scope	References
Piezoelectric Materials	PVDF/PVDF-TrFE; BNT/PCL; TPU/PVDF	Partially degradable (matrix-dependent)	Strong (piezoelectric effect induces electrical signals to promote osteogenesis)	Reconstruction of bionic electrical microenvironment; multi-mechanism synergistic osteogenesis (activating calcium channels, up-regulating Runx2/BMP-2, regulating immunity); simultaneous antibacterial activity; can be activated by external ultrasound stimulation to avoid growth factor dependence.	Effect depends on continuous weight bearing, fails during immobilization; clinical response stability and individual differences to be systematically evaluated; high brittleness of ceramic-based piezoelectric materials; insufficient clinical translation evidence.	Adjuvant repair of bone defects; combined with ultrasound activation	61-65
Shape Memory Polymers (SMP)	PGDA; PLLA-TMC/CHA; BT/PLA; TPU/PVDF	Degradable (matrix-dependent)	Moderate (depends on material itself, or composite active components)	Minimally invasive implantation; adaptive filling; tunable mechanical modulus; designability for 4D printing; can be compounded with piezoelectric materials for dual functions; excellent cycle stability.	Severe mismatch between response time and bone healing cycle; trigger temperature needs to be finely designed (slightly higher than body temperature); mismatch between degradation rate and shape memory function; insufficient clinical translation evidence.	Irregular cavity defects; minimally invasive surgery scenarios	61,66-69
Chemical Signal Responsive Materials	pH/ROS responsive hydrogels; Enzyme-responsive scaffolds; Glucose/ROS	Degradable (triggered by microenvironmental signal response)	Strong (temporally regulated osteogenic signals)	Spatiotemporally controllable responsive degradation (endogenously triggered by pH/ROS/enzyme/glucose); actively matches the temporal sequence of bone	Complex system with potential interference between response elements; large individual differences in clinical thresholds; long-term stability and safety to be	Infectious/metabolic bone defects	70-74

Material Category	Representative Materials	Degradability	Bone-Regenerative Activity	Key Advantages	Main Limitations	Application Scope	References
	dual-responsive hydrogels			healing; precise repair for complex pathological microenvironments (diabetes/osteoporosis); cascade release of multiple factors for synergistic treatment; no exogenous stimulation required.	verified; difficult to precisely match response thresholds with physiological signals.		

Material systems for 3D-printed constructs in bone tissue engineering

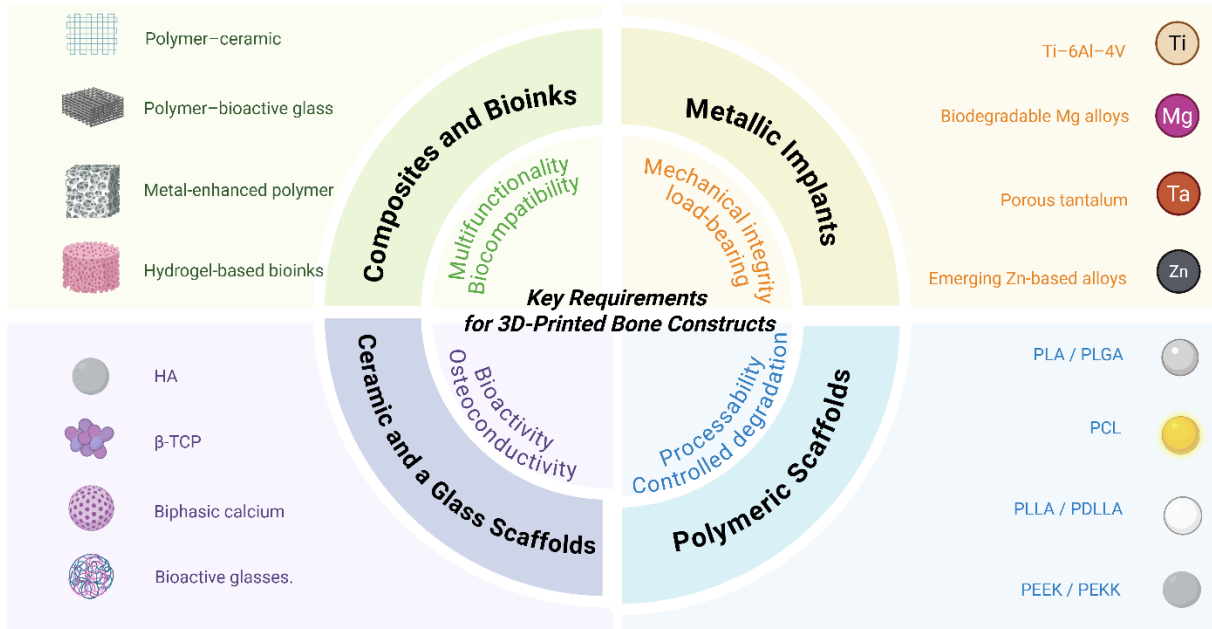


Figure 3. Classification and functional characteristics of materials used for 3D-printed bone constructs. Materials are categorized into ceramic scaffolds, metallic implants, polymeric scaffolds, and composite bioinks according to their structural and biological functions. Representative materials, including hydroxyapatite, β -tricalcium phosphate, bioactive glasses, titanium alloys, magnesium alloys, tantalum, and biodegradable polymers, provide complementary advantages in mechanical support, bioactivity, processability, and biological regulation. (Created with BioRender.com)

2.2.1 Bioceramics

Bioceramics, among the earliest materials used for bone repair, are widely applied in 3D-printed bone scaffolds due to their chemical similarity to the inorganic mineral phase of natural bone, excellent biocompatibility, and osteoconductivity. Based on chemical properties and biocompatibility, bioceramics can be classified into bioinert and bioactive ceramics. Bioinert

ceramics, represented by zirconia (ZrO_2), exhibit chemical stability and good biocompatibility, generally do not react with biological tissues, and primarily provide structural support through their superior mechanical properties. Bioactive ceramics, such as hydroxyapatite (HA) and β -tricalcium phosphate (β -TCP), can chemically interact with biological tissues, promoting bone bonding and regeneration, thereby playing a key role in BTE.

2.2.1.1 Bioinert Ceramics

Bioinert ceramics offer high mechanical strength, wear resistance, and corrosion resistance, making them advantageous for permanent load-bearing implants. Among them, zirconia (ZrO_2) has attracted particular attention due to its exceptional fracture toughness. Studies have shown that zirconia ceramics fabricated via digital light processing (DLP) can achieve a fracture toughness of $5.25 \text{ MPa} \cdot \text{m}^{1/2}$, significantly higher than other bioceramics⁷⁵. However, bioinert ceramics lack bioactivity and cannot actively promote osteogenesis⁷⁶. Their high chemical stability may induce stress shielding²⁹, causing the implant to bear most mechanical load and resulting in disuse-induced bone atrophy in surrounding tissue. Recent efforts have attempted surface functionalization or composite strategies with bioactive ceramics to impart osteogenic activity while retaining mechanical performance⁷⁷, though these approaches remain largely at the experimental stage with limited clinical evidence.

2.2.1.2 Bioactive Ceramics

Bioactive ceramics are the most extensively studied materials in bone tissue engineering. Their chemical composition closely resembles the inorganic mineral phase of natural bone, and they release bioactive ions during in vivo degradation, regulating bone regeneration via specific signaling pathways. Based on composition, bioactive ceramics are classified into calcium phosphate-based and silicate-based ceramics.

Calcium Phosphate Ceramics

Hydroxyapatite (HA, $\text{Ca}_{10}(\text{PO}_4)_6(\text{OH})_2$) closely mimics the crystal structure and chemical composition of natural bone, offering excellent biocompatibility and osteoconductivity⁷⁸. However, its high stability leads to slow degradation, and prolonged occupancy may hinder complete replacement by new bone, affecting biomechanical restoration at defect sites⁷⁹. β -Tricalcium phosphate (β -TCP, $\text{Ca}_3(\text{PO}_4)_2$) degrades faster (months to years), facilitating bone ingrowth, but its low mechanical strength restricts use to non-load-bearing regions⁸⁰. Biphasic

calcium phosphate (BCP, HA/ β -TCP composite) balances stability and degradability by adjusting the HA/ β -TCP ratio, offering potential advantages in bone repair^{81,82}.

Silicate-Based Ceramics

Silicate bioceramics play critical roles in early bone development, releasing Ca^{2+} , Mg^{2+} , and Si^{4+} ions during degradation to achieving synergistic osteogenic and angiogenic effects through bioactive ion release. In composite scaffold design, Thangavel and Elsen optimized 3D-printed Mg-Whitlockite (WH)/ CaSiO_3 (CS) scaffolds using response surface methodology. At WH/CS = 50/50 wt%, 50% infill, and sintering at 1150 °C, the scaffold achieved 36.74% porosity and 12 MPa compressive strength, balancing mechanical support and osteoinductive potential, with Mg^{2+} enhancing mineralization and Si^{4+} promoting angiogenesis⁸³. In preclinical studies, Zhu et al. developed injectable, self-setting porous $\text{MgO/SiO}_2\text{-}\alpha\text{-CaSO}_4$ scaffolds (Mg@Ca), which formed in situ pores and upregulated COL1A1 and BGLAP via PI3K-Akt signaling, demonstrating superior trabecular density and bone volume compared to β -TCP in a rabbit femoral head necrosis model⁸⁴.

Bioactive glasses

Bioactive glasses (BGs) are amorphous inorganic materials with tunable compositions and ion-release profiles. Representative systems include 45S5, 58S, and recently developed glass compositions with reduced crystallization tendencies⁸⁵. In physiological environments, BGs undergo surface ion exchange and network dissolution, leading to the formation of an apatite-like interfacial layer that promotes bonding with bone tissue⁸⁶. The release of Si, Ca, P, and other therapeutic ions may further support osteogenic, angiogenic, and immunomodulatory responses. In 3D-printed bone scaffolds, BGs can be used either as the primary scaffold material or as a functional phase incorporated into polymers or metallic implants⁸⁷. Previous studies have shown that 3D-printed BG scaffolds and BG-modified titanium implants can improve osteogenic differentiation and early bone ingrowth⁸⁸. However, brittleness, shrinkage or crystallization during thermal processing, and composition-dependent degradation remain important limitations. Current research therefore focuses on optimizing glass composition and composite design to balance bioactivity, printability, and structural stability.

Mechanisms of Bioactive Ion Regulation

Mg²⁺ promotes osteogenic differentiation via Notch signaling and protects MSCs from alkaline stress via TRPM7/PI3K⁸⁹. Sr²⁺ exerts dual regulation via CaSR, activating Ras/MAPK to enhance osteogenesis and inhibiting RANKL/RANK to suppress osteoclast activity^{90,91}. Zn²⁺, an ALP cofactor, upregulates Runx2, osteocalcin, and type I collagen via MAPK and PI3K/AKT, and exhibits antibacterial effects at high concentrations⁹². Cu²⁺ activates Wnt signaling to induce VEGF expression, supporting vascularized bone regeneration⁹³. Synergistic effects exist: Mg²⁺/Sr²⁺ co-administration promotes osteogenesis and angiogenesis⁹⁴; Zn²⁺/Cu²⁺ combination enhances osteogenic activity while providing an antibacterial microenvironment⁹⁵. Despite their structural biomimicry and ion-mediated bioactivity, the intrinsic brittleness and low fracture toughness of bioactive ceramics limit their load-bearing capacity. Consequently, most bioceramic scaffolds are used for trabecular bone simulation or as bioactive fillers within degradable polymers to balance mechanical support with osteoconductive and osteoinductive functions.

2.2.2 Metallic Materials

Metallic materials are widely used for load-bearing bone defect repair due to their high strength and toughness. Additive manufacturing techniques, such as selective laser melting (SLM) and electron beam melting (EBM), enable the fabrication of precisely controlled 3D metal scaffolds⁹⁶, overcoming the mechanical limitations of bioceramics in load-bearing applications. Titanium alloys (e.g., Ti-6Al-4V) exhibit excellent corrosion resistance and fatigue strength, but their high elastic modulus (~110 GPa) exceeds that of cortical bone (15–25 GPa), causing stress shielding and peri-implant bone loss²⁹. Biodegradable magnesium alloys have an elastic modulus (40–45 GPa) closer to bone and release Mg²⁺ to promote osteogenesis, but rapid corrosion can generate hydrogen gas and local alkalization before sufficient bone ingrowth⁴². Tantalum is bioinert and non-degradable, but its highly porous interconnected architecture can provide favorable interfaces for bone ingrowth, although its high density and manufacturing costs limit broader clinical use⁴⁸. Surface functionalization (HA coating, anodization, micro-arc oxidation) and alloy optimization (e.g., Mg-Ca, Ti-Nb) partially improve performance^{97,98}. These approaches represent incremental improvements rather than fundamental breakthroughs, and metallic inks that simultaneously achieve degradability, load-bearing capacity, and active osteoinduction have not yet been realized.

2.2.2.1 Titanium alloys

Titanium alloys, particularly Ti-6Al-4V, are widely used for load-bearing bone repair because of their high fatigue strength and corrosion resistance. Additive manufacturing further enables the fabrication of patient-specific porous lattices with precisely controlled geometries⁹⁹. In addition to architectural design, recent studies have shown that the mechanical performance of titanium can be tailored through process-induced microstructural regulation. For example, Li et al. fabricated harmonic-structured pure Ti by laser powder bed fusion, in which spatially heterogeneous grain structures contributed to an improved strength–ductility balance¹⁰⁰. This study indicates that the performance of additively manufactured titanium can be optimized through the combined control of scaffold architecture and intrinsic material microstructure. Despite these advances, several limitations remain. Dense Ti-6Al-4V has an elastic modulus of approximately 110 GPa, which is substantially higher than that of cortical bone (15–25 GPa)³⁷. This mechanical mismatch can lead to stress shielding and progressive peri-implant bone loss. Porous lattices fabricated by selective laser melting can reduce the effective modulus to approximately 10–30 GPa, thereby improving mechanical compatibility with cortical bone; however, increasing porosity may compromise fatigue resistance and long-term structural stability¹⁰¹. Titanium is also inherently bioinert, and early osseointegration therefore relies largely on mechanical interlocking rather than direct chemical bonding with bone¹⁰². Surface treatments, such as hydroxyapatite coating, anodization, and micro-arc oxidation, can introduce bioactive interfaces and improve bone–implant interactions¹⁰³. Nevertheless, insufficient coating adhesion and degradation of the coating–substrate interface under prolonged mechanical loading remain important barriers to clinical translation¹⁰⁴.

2.2.2.2 Magnesium alloys

Magnesium alloys offer unique advantages in addressing the bioinertia and non-degradability of titanium alloys, with density (1.74–2.0 g/cm³) and Young’s modulus (41–45 GPa) comparable to bone¹⁰⁵. Importantly, magnesium ions (Mg²⁺) can enhance vascularized bone regeneration⁴⁰. However, magnesium alloys exhibit a high annual degradation rate, far below the time required for complete bone healing (typically 3–6 months), and the associated hydrogen evolution may cause subcutaneous emphysema or impair osseointegration¹⁰⁶. Rapid degradation can also compromise mechanical integrity before full bone ingrowth, posing early failure risks in load-bearing applications. Alloying strategies have been employed to slow degradation, such as WE43

(Mg-4Y-3RE), in which the addition of rare earth elements yttrium (Y) and neodymium (Nd) followed by heat treatment yields tensile strength of 189.6 MPa and corrosion rate of 0.84 mm/yr¹⁰⁷, though *in vivo* degradation products (e.g., Mg₂₄Y₅, Mg₁₂YNd) can activate macrophage NLRP3 inflammasomes, elevating IL-1 β and IL-18 levels and causing fibrous capsule thickening and inflammatory cell infiltration¹⁰⁸. Recently, interpenetrating phase composite (IPC) strategies have been proposed, in which bioactive secondary phases are infiltrated into additively manufactured porous magnesium scaffolds to integrate mechanical support, degradation control, and biological functionality. Drotárová et al. infiltrated calcium phosphate cement into 75% porous WE43 scaffolds to create WE43/HA IPC composites, reducing hydrogen evolution by an order of magnitude and increasing compressive strength from ~15 MPa to 42 MPa (1.8-fold improvement), significantly overcoming material limitations⁴¹.

2.2.2.3 Zinc-based alloys

Zinc-based alloys have emerged as promising biodegradable metallic materials for bone implants. Compared with rapidly degrading magnesium-based alloys, zinc-based materials generally exhibit a more moderate degradation behavior, which may provide a better balance between temporary mechanical support and gradual implant resorption¹⁰⁹. In addition, Zn²⁺ is involved in bone metabolism and may contribute to osteogenic and angiogenic regulation⁴⁴. Laser powder bed fusion (LPBF) enables the fabrication of porous zinc-based implants with customized geometries; however, recent studies have shown that the mechanical and degradation properties of LPBF-fabricated zinc can be affected by build-direction-dependent microstructures⁴⁷. Alloying represents another important strategy for improving the performance of zinc. For example, Zn–Y alloys have demonstrated enhanced osteogenic and angiogenic effects *in vitro* and *in vivo*¹¹⁰. Nevertheless, the relatively limited strength of pure zinc, zinc evaporation during laser processing, residual porosity, printing anisotropy, and uncertainties regarding long-term degradation remain important challenges. Future research should therefore focus on the coordinated optimization of alloy composition, printing parameters, and porous architecture.

2.2.2.4 Tantalum

Tantalum has attracted widespread attention in orthopedic implants due to its excellent corrosion resistance, biocompatibility, and non-toxicity. Its elastic modulus can be adjusted by controlling porosity, and the open internal structure facilitates inward bone growth, thereby accelerating

osseointegration^{111,112}. Wauthle et al. first fabricated high-porosity, fully interconnected pure tantalum implants using SLM, achieving mechanical properties closely matching human bone while supporting bone ingrowth¹¹³. Studies indicate that scaffolds with ~70% porosity exhibit optimal bone integration, with in vivo experiments showing better bone ingrowth for 70–80% porosity scaffolds compared to 60%, suggesting 70% as a potential optimal design target⁴⁸. In joint revision surgeries, a study of 6,563 total hip arthroplasty patients demonstrated that porous tantalum acetabular components had a 10-year survival rate of 98.9%, superior to fiber-mesh titanium components (97.3%), providing higher initial stability in complex primary and revision cases¹¹⁴. Furthermore, combining topology optimization with additive manufacturing enables patient-specific tuning of implant mechanical properties to meet individualized clinical requirements¹¹¹. Nevertheless, widespread clinical adoption of tantalum implants remains limited by its high melting point (2,996 °C), high density (~16.6 g/cm³)¹¹⁵, complex processing, and high manufacturing cost. Increasing porosity improves bone integration but inevitably reduces mechanical strength, and the fatigue performance and long-term structural stability of high-porosity scaffolds under cyclic loading still lack sufficient clinical data.

2.2.3 Polymers

Polymers are the most widely used ink systems in 3D-printed bone tissue engineering, with core advantages in formulation flexibility and process compatibility. Natural polymers, such as gelatin, alginate, chitosan, and silk fibroin, effectively support cell adhesion, proliferation, and osteogenic differentiation⁵¹, but are limited by low mechanical strength and rapid degradation. For example, ionically crosslinked alginate hydrogels are typically brittle with limited mechanical performance⁵², and require blending with nanocellulose, synthetic polymers, or chitosan to enhance toughness and stability for load-bearing bone applications. Studies show that combining alginate with cellulose or polycaprolactone (PCL) significantly improves mechanical properties and structural stability, raising the compressive modulus to match trabecular bone (31–48 MPa)¹¹⁶. High-concentration GelMA provides good print fidelity and structural support, whereas low concentration favors cell viability¹¹⁷. Synthetic polymers such as PCL, PLA, and PLGA allow precise control of degradation rates and mechanical properties, making them primary choices for structural scaffold frameworks. PCL is well-known for toughness, biocompatibility, and non-toxic degradation¹⁴, and is widely used for macroscopic scaffolds in large bone defect repair. PLA is more brittle, degrades faster, and is less flexible than PCL, but adjusting the PLA/PCL ratio can

synergistically mitigate limitations in brittleness, degradation rate, and cell adhesion ¹¹⁸. PLGA scaffolds face challenges including insufficient mechanical strength, mismatch between degradation and bone healing rates, and limited hydrophilicity and cell compatibility, with printing resolution and precision further constraining applications. Due to inherent conflicts between mechanical performance and bioactivity in single-component polymers, natural/synthetic polymer composites have become mainstream in scaffold design, enhancing biocompatibility, crosslinking capability, mechanical strength, and thermal properties. Singh *et al.* demonstrated that incorporating 15% gelatin into sodium alginate, 3D-printed ternary composite scaffolds exhibited increased tensile strength from (386±15) kPa to (693±15) kPa, while maintaining 383–419 µm pore size, controllable degradation, and excellent cell compatibility. Gelatin enhanced cell adhesion via RGD sequences and improved structural stability through electrostatic interactions with the polyelectrolyte network ⁵⁹. Although natural/synthetic polymer composites partially address the mechanical-bioactivity trade-off, they remain “static” scaffolds, incapable of dynamically adapting their mechanical support, degradation, or biofactor release to physiological demands during bone healing. This limitation motivates the development of smart responsive materials—by incorporating stimuli-responsive mechanisms (e.g., pH-triggered drug release, enzyme-mediated degradation, thermally induced shape memory), scaffolds can transition from “passive support” to “active adaptation,” releasing bioactive factors, modulating mechanics, or activating osteogenic signals as needed during different stages of bone regeneration, providing improved temporal coordination with the bone-healing process.

2.2.4 Smart and responsive materials

Conventional scaffold materials, including bioceramics, metals, and polymers, share a common limitation: once implanted, their mechanical properties, degradation behavior, and biological signaling become essentially fixed, preventing adaptation to the dynamic physiological environment of bone healing. Bone defect repair, however, is a dynamic process that unfolds over several weeks to months. Smart and responsive materials are characterized by their ability to autonomously or controllably adjust their properties in response to physiological signals at different stages of bone healing, providing dynamic mechanical support and biofunction aligned with the evolving tissue environment.

2.2.4.1 Piezoelectric materials

Piezoelectric materials can convert mechanical deformation from daily physiological activity into local electrical signals, mimicking the electromechanical coupling of natural bone to continuously stimulate osteogenesis. Chen et al. recently fabricated a 3D-printed composite piezoelectric scaffold of polyvinylidene fluoride-trifluoroethylene (PVDF-TrFE) and calcium silicate phosphate, which after 7 days of hydration exhibited compressive strength of 7.6–8.38 MPa (matching trabecular bone) and a piezoelectric coefficient (d_{33}) of 6.01 pC/N, significantly higher than natural bone (0.7 pC/N), achieving integrated mechanical support, electrical stimulation, and osteoinductive functionality¹¹⁹. Ceramic-based piezoelectric materials offer stronger electrical output; for example, a 3D-printed PCL scaffold filled with lead-free BNT ceramics demonstrated 88.6% increase in mechanical strength and 46.3% increase in cell proliferation¹²⁰. However, the inherent brittleness of ceramics has led researchers to adopt polymer-based composites. Li et al. developed a TPU/PVDF dual-function scaffold integrating shape-memory-assisted minimally invasive implantation with in situ piezoelectric stimulation, achieving a d_{33} value of 2.47 pC/N, close to the piezoelectric constant of natural bone ($d_{33} = 0.7\text{--}2.3$ pC/N)⁶¹. Notably, the piezoelectric effect of these scaffolds relies on sustained mechanical loading; Damion et al. introduced low-frequency ultrasound as an external trigger to effectively activate scaffold mineralization¹²¹. Furthermore, the biological effects of piezoelectric materials extend beyond direct osteogenic stimulation. Wang et al. combined a KNN piezoelectric scaffold with icariin-loaded GelMA hydrogel; ultrasound-activated piezoelectric stimulation promoted bone formation while icariin induced macrophage M2 polarization, optimizing the immune microenvironment and demonstrating a synergistic strategy integrating ultrasound-triggered piezoelectric activation with targeted immunomodulation¹²². Overall, research on piezoelectric scaffolds is shifting from single-parameter optimization of material piezoelectricity toward systematic integration of multi-signal cues, yet their stability under physiological mechanical loading and individual applicability in clinical settings remain critical issues requiring systematic evaluation.

2.2.4.2 Shape-memory materials

Unlike piezoelectric materials, which rely on mechano-electrical signal transduction, the response of shape-memory materials primarily depends on their intrinsic configurational control capabilities. These materials typically recover preprogrammed shapes under physiological temperature or

specific hydrated environments, enabling early-stage adaptation to irregular defect geometries while providing progressive mechanical support throughout the healing process. For example, Zhang et al. developed a poly (glycerol dodecanedioate acrylate) (PGDA) shape-memory polymer with a glass transition temperature precisely tuned between 20–37 °C; upon implantation, body temperature triggered rapid recovery (37 °C, 98% recovery in 0.4 s) with cycle stability exceeding 100 repetitions⁶⁶. Using digital light processing 3D printing, Yang et al. fabricated PT/CHA shape-memory scaffolds based on PLLA-TMC and citrate-modified hydroxyapatite, with a glass transition temperature tuned to 37 °C. The scaffolds autonomously recovered their pre-set geometry within 60 s post-implantation, precisely adapting to irregular defect surfaces, and were further functionalized with a tannic acid–magnesium polyphenol coating (TA-Mg) to achieve antibacterial, immunomodulatory, and osteoinductive effects in an infectious bone defect model¹²³. Notably, Lv et al. embedded barium titanate piezoelectric nanoparticles into a thermoresponsive PLA-based shape-memory matrix, producing a BT/PLA 4D-printed scaffold with both shape-memory and piezoelectric functionality. Low-intensity pulsed ultrasound significantly upregulated BMSC osteogenic markers, achieving simultaneous shape-adaptive filling and electrically stimulated osteogenesis¹²⁴. However, shape recovery in these materials typically occurs within seconds to minutes post-implantation, whereas mechanical support adjustments required for bone healing span several weeks. Extending the response time window of shape-memory materials to synchronize mechanical evolution with callus maturation remains a critical scientific challenge in this field.

2.2.4.3 Chemically responsive materials

Chemically responsive materials represent a biologically responsive class of smart scaffolds that can be activated by specific biochemical cues during bone healing. During early-stage bone defect healing, local tissue pH may drop from the physiological value of 7.4 to 6.5–7.0, and reactive oxygen species (ROS) levels rise significantly; as inflammation subsides, the microenvironment gradually returns to near-neutral, and osteogenic signals dominate. These stage-specific biochemical cues provide a natural endogenous “switch” for temporally controlled delivery of therapeutic factors. In pH-responsive strategies, Liu et al. utilized local acidic microenvironments to trigger the cascade release of calcium ions, dexamethasone, and zoledronate, achieving integrated microenvironment modulation, osteoinduction, and osteoclast inhibition⁷⁰. Compared to pH signals, enzyme-responsive materials exhibit higher biological specificity; for example,

phosphoester bonds sensitive to alkaline phosphatase (ALP) were introduced into a PPF/PCL click-crosslinked network, enabling scaffold degradation rates to actively accelerate in response to ALP upregulation during osteogenic differentiation, fundamentally resolving the temporal mismatch between polymer scaffold degradation and bone formation ⁷¹. To address oxidative stress during inflammation, Chen et al. developed ZnFe₂O₄ magnetic scaffolds that combine ROS scavenging with static magnetic field-induced osteogenesis, simultaneously quenching free radicals, upregulating RUNX2 and BMP-2 expression, and providing antibacterial activity, thereby bridging the transition from inflammation resolution to osteogenesis ¹²⁵. In metabolic bone disease models, Fu et al. designed a glucose/ROS dual-responsive enzymatic hydrogel (AAT-ZCG), integrating blood glucose as a novel trigger; the Ce nanozyme–glucose oxidase cascade system synchronously cleared ROS, modulated macrophage polarization, and selectively inhibited osteoclasts, offering a new paradigm for precise repair of diabetic bone defects ⁷². However, increasing the number of responsive dimensions often exponentially raises system complexity, and issues such as cross-interference between response elements, in vivo/in vitro kinetic deviations, and variability in response thresholds due to individual metabolic differences remain key challenges in the field.

2.3. 3D printing technologies

Three-dimensional printing technologies used in BTE include extrusion-based printing, inkjet bioprinting, laser-assisted powder bed fusion, photopolymerization, and high-resolution laser-based fabrication (**Table 2**). These approaches differ substantially in material compatibility, achievable feature size, compatibility with living cells, mechanical performance, and fabrication throughput. No single technique can meet all requirements of bone reconstruction; therefore, the choice of printing method should be matched to the intended structural scale and biological function, while hybrid manufacturing is increasingly used when load-bearing support, cellular organization, and fine interfacial features must be combined within the same construct.

2.3.1 Extrusion-based techniques

Extrusion-based techniques are among the earliest additive manufacturing methods applied in bone tissue engineering, with representative approaches including fused deposition modeling (FDM) and extrusion bioprinting ¹²⁶. These methods operate by applying pneumatic or mechanical force to continuously extrude thermoplastic polymers, hydrogels, or composite materials from a printing

nozzle, layer by layer, according to a predefined path. The main advantages of extrusion-based printing include broad material compatibility, enabling the use of high-temperature thermoplastics (e.g., PCL, PLA) as well as cell-laden hydrogels at room temperature (e.g., gelatin, alginate), along with low equipment cost, operational simplicity, and the feasibility of multi-material composite printing ¹²⁷. However, the resolution is limited by nozzle diameter (typically 100–500 μm), making it challenging to directly fabricate structures below the micron scale. In cell-laden printing, shear forces during extrusion may affect cell viability ¹²⁸, requiring a balance between ink rheology and cell survival. Clinically, extrusion-based techniques have demonstrated relatively high translational potential and have been explored in several bone repair applications. A useful extension of conventional extrusion bioprinting is embedded, or suspension-assisted, printing, in which soft or low-viscosity bioinks are deposited within a temporary support medium that stabilizes the printed filaments ¹²⁹. This strategy enables the fabrication of free-form hydrogel constructs that would otherwise deform or collapse when printed in air. Freeform reversible embedding of suspended hydrogels is a representative approach, although printing fidelity and construct recovery depend on the rheological compatibility between the bioink and support bath and on effective removal of the supporting material ¹³⁰.

2.3.2 Inkjet bioprinting

Inkjet bioprinting is a non-contact, drop-on-demand technique that deposits discrete volumes of bioink through thermal, piezoelectric, or other actuation mechanisms. Unlike extrusion bioprinting, which continuously forms filaments, inkjet printing allows the rapid and spatially controlled placement of cells, biomolecules, and hydrogel precursors while generally imposing only brief mechanical and thermal stresses on the deposited cells ^{131,132}. Its applicability, however, is constrained by a relatively narrow printable-material window: bioinks must permit stable droplet formation, whereas excessive viscosity or high cell and particle concentrations can lead to irregular droplet generation and printhead clogging ¹³³. In bone tissue engineering, inkjet printing has been used to distribute human mesenchymal stem cells and bioactive nanoparticles within photo-crosslinked hydrogel scaffolds, supporting osteogenic differentiation and mineralized tissue formation ¹³⁴. Thus, inkjet bioprinting is particularly suited to the precise patterning of cells and bioactive components within or onto an existing supporting matrix, rather than the independent fabrication of large load-bearing bone scaffolds.

2.3.3 Laser-assisted powder bed fusion techniques

Laser-assisted powder bed fusion techniques, including selective laser sintering (SLS) and selective laser melting (SLM), operate by selectively scanning powder layers with a high-energy laser, causing localized melting or sintering of particles to form solid structures¹³⁵. This approach is applicable to metals (e.g., titanium alloys, cobalt-chromium alloys), as well as certain ceramics and polymer powders¹³⁶. The key advantages of laser-assisted powder bed fusion lie in its high resolution (tens of microns) and excellent mechanical properties¹³⁷, enabling the fabrication of complex porous structures with strong load-bearing capacity, particularly suitable for mechanical reconstruction of large bone defects. However, the high-temperature processing precludes direct incorporation of viable cells or bioactive factors, typically restricting this technique to acellular scaffolds. Additionally, high equipment cost, process complexity, and concerns regarding residual metal powder biocompatibility limit its broader clinical adoption¹³⁸.

2.3.4 Photopolymerization-based techniques

Photopolymerization-based techniques primarily include stereolithography (SLA) and digital light processing (DLP). These methods operate by selectively curing photosensitive resins with ultraviolet or visible light, building structures layer by layer with high precision. With the development of biocompatible photosensitive resins, photopolymerization has become increasingly applied in bone tissue engineering¹³⁹. The key advantages of this approach are its ultra-high resolution, reaching a few to tens of microns, enabling the fabrication of complex micro-porous architectures, biomimetic osteons, and even vascular network channels^{140,141}. In addition, DLP offers relatively fast printing speeds, suitable for high-throughput scaffold production. Nevertheless, photopolymerization in bone tissue engineering still faces several challenges: first, material selection is limited to photo-crosslinkable polymer systems (e.g., GelMA, PEGDA), with poor compatibility for natural polymers and ceramics; second, the potential cytotoxicity of photoinitiators and unpolymerized monomers restricts cell-laden printing; and third, in conventional SLA and DLP systems, light scattering, optical voxel dimensions, and material-dependent curing behavior generally limit reliable fabrication to the micrometer scale; direct submicrometer or nanoscale structural control requires specialized nonlinear photopolymerization techniques such as TPP.

2.3.5 Two-photon polymerization and direct laser writing

Two-photon polymerization (TPP), typically performed by femtosecond-laser direct writing, confines photopolymerization to a small focal volume through nonlinear two-photon absorption. This localized reaction enables the fabrication of complex 3D structures with submicrometer features and therefore provides finer structural control than conventional SLA or DLP ¹⁴². In bone tissue engineering, this capability is particularly useful for constructing defined pore-wall geometries, extracellular-matrix-like interfaces, and surface topographies that influence cell–material interactions. Fu and Yu, for example, fabricated GelMA-based hydrogel structures with feature sizes below 120 nm and reported favorable cytocompatibility with MC3T3-E1 cells ¹⁴³. However, the serial point-scanning process that gives TPP its high resolution also limits build volume and fabrication speed. In addition, suitable photoresists must combine two-photon sensitivity with processability, cytocompatibility, and sufficient mechanical stability, which restricts the available material systems ^{144,145}. Binder et al. addressed the throughput limitation using a resonant-scanner-based system and achieved at least an order-of-magnitude increase in the fabrication rate of tissue-engineering micro-scaffolds ¹⁴⁶. TPP is therefore currently better suited to localized high-resolution features, research-scale micro-scaffolds, and high-resolution components within hybrid multiscale constructs than to the stand-alone fabrication of clinically sized load-bearing bone implants.

In practice, a single technique (extrusion-based, laser-assisted powder bed fusion, or photopolymerization-based) is often insufficient to meet the requirements for multiscale construction spanning macro, micro, and nanoscale levels. Consequently, multi-technology integration strategies are emerging as a key direction in 3D-printed bone tissue engineering. For instance, extrusion-based printing can be combined with photopolymerization to fabricate the macroscopic scaffold body and the micro-biomimetic interface, respectively; alternatively, laser-assisted powder bed fusion can be used to produce a high-strength metal framework, which is then coupled with extrusion-based bioprinting of cell-laden hydrogels, achieving synergistic optimization of mechanical performance and biological functionality (**Fig.4**).

Table 2. Comparison of mainstream 3D printing technologies for bone tissue engineering

Technology Category	Technology and Working Principle	Fabrication Range and Resolution	Typical Applied Materials	Reference Mechanical Properties	Cell Compatibility	Key Advantages	Main Limitations	Clinical Translation Potential	References
Extrusion-based Forming									
Fused Deposition Modeling (FDM)	Thermoplastic filaments are melted and extruded, followed by layer-by-layer deposition.	100–700 μm ; centimeter to decimeter scale	PCL, PLA, PLGA, PEEK, and composites (e.g., PCL/HA, PCL/PLA)	Pure PCL scaffolds: 4–77 MPa (dependent on porosity); further enhanced by composite reinforcement	Not applicable to direct cell printing; cells can be seeded after printing, depending on material and surface properties.	Low equipment cost; wide material compatibility; multi-material/gradient printing; mature process; numerous FDA-approved products	Low printing accuracy; weak interlayer bonding; thermal degradation of thermosensitive materials; prone nozzle clogging	Widely applied in orthopedic implants	126,147-151
Extrusion-based Bioprinting (EBB)	Hydrogels or bioinks are extruded via pneumatic/mechanical force.	> 100 μm (limited by nozzle diameter); centimeter-scale construction	Gelatin, alginate, GelMA, collagen, cell-laden bioinks	Pure hydrogels: compressive modulus 1–100 kPa (typical 7.8 kPa); with composite reinforcement Young's modulus up	40–90% (varies with shear stress; > 90% under optimized conditions) Relatively established use in medical-	Live cell loading capability; ultra-wide material compatibility; gradient structure fabrication; mild printing conditions	Low printing accuracy; impaired cell viability from shear stress; strict rheological requirements; post-crosslinking required	Extensive preclinical studies; a few candidates in clinical trials	152-155

Technology Category	Technology and Working Principle	Fabrication Range and Resolution	Typical Applied Materials	Reference Mechanical Properties	Cell Compatibility	Key Advantages	Main Limitations	Clinical Translation Potential	References
				to 50–200 MPa	device and scaffold manufacturing				
Laser-assisted Powder Bed Fusion									
Selective Laser Melting (SLM)	Metal powders are fully melted by laser and solidified layer by layer.	30–200 µm; centimeter to decimeter scale (load-bearing metal implants)	Ti-6Al-4V, Ta, Co-Cr, Mg alloys	Tensile strength: 900–1200 MPa; Elastic modulus: 110 GPa	Not applicable to direct cell printing; post-printing cell responses depend on alloy composition and surface treatment.	Dense forming structure; excellent mechanical properties; complex porous TPMS structure fabrication; clinically mature	High equipment cost; high residual stress; heat treatment required; strict requirement for powder sphericity	High (widely applied in load-bearing orthopedic implants)	156-159
Selective Laser Sintering (SLS)	Polymer/ceramic powders are selectively sintered (not fully melted) by laser; unmelted powder	10–120 µm; centimeter-scale porous scaffolds	PCL, PA, TPU, HA, ceramic/polymer composite powders	Compressive strength: 0.6–38.7 MPa (tunable via porosity and	Not applicable to direct cell printing; post-printing cytocompati	Support-free fabrication; high material utilization; suitable for	Rough surface; low relative density; weak interlayer bonding; inferior mechanical	Translation is material- and device-specific; degradable SLS scaffolds for bone tissue engineering	160-163

Technology Category	Technology and Working Principle	Fabrication Range and Resolution	Typical Applied Materials	Reference Mechanical Properties	Cell Compatibility	Key Advantages	Main Limitations	Clinical Translation Potential	References
	acts as natural support structure.			structural design)	bility is material- and surface-dependent.	large-scale porous structures	properties compared to SLM	remain predominantly at the preclinical stage.	
Photopolymerization									
Stereolithography (SLA)	A laser scans liquid photocurable resin layer by layer to induce site-specific photopolymerization and solidification.	25–100 µm; micron to centimeter scale (dental or customized structures)	Photocurable resins, ZrO ₂ /HA ceramic slurries, PEGDA, GelMA	Photocurable resins: tensile strength 3.3–51 MPa, compressive strength 15.6–29.1 MPa; ZrO ₂ ceramics: flexural strength 755–1150 MPa	Native resins mostly cytotoxic; > 90% viability after optimized post-processing	High printing accuracy and excellent surface quality; bioceramic scaffold fabrication; CT-based customized fabrication	Restricted to photocurable material systems; support structure required; debinding and sintering needed for ceramic printing	Mature dental applications; preclinical stage for orthopedic applications	164-168
Digital Light Processing (DLP)	Ultraviolet light patterns are projected via a digital micromirror device to cure an	15–100 µm; micron to centimeter scale (high-throughput	ZrO ₂ , HA, β-TCP ceramic slurries; PEGDA, GelMA;	Tensile strength: 20–60 MPa; mechanical properties tunable via	> 90% (with biocompatible photoinitiator and optimized	Fast printing speed; processable for high solid content ceramic	Restricted to photocurable material systems; support structure required; peeling force impairs	Mature dental applications; large animal study stage for	140,169-172

Technology Category	Technology and Working Principle	Fabrication Range and Resolution	Typical Applied Materials	Reference Mechanical Properties	Cell Compatibility	Key Advantages	Main Limitations	Clinical Translation Potential	References
	entire layer of photocurable resin in a single exposure, achieving layer-by-layer fabrication.	or TPMS structures)	shape memory materials	additives and fiber reinforcement	post-processing)	slurries; suitable for 4D printing; TPMS structure fabrication	large-scale forming	orthopedic applications	

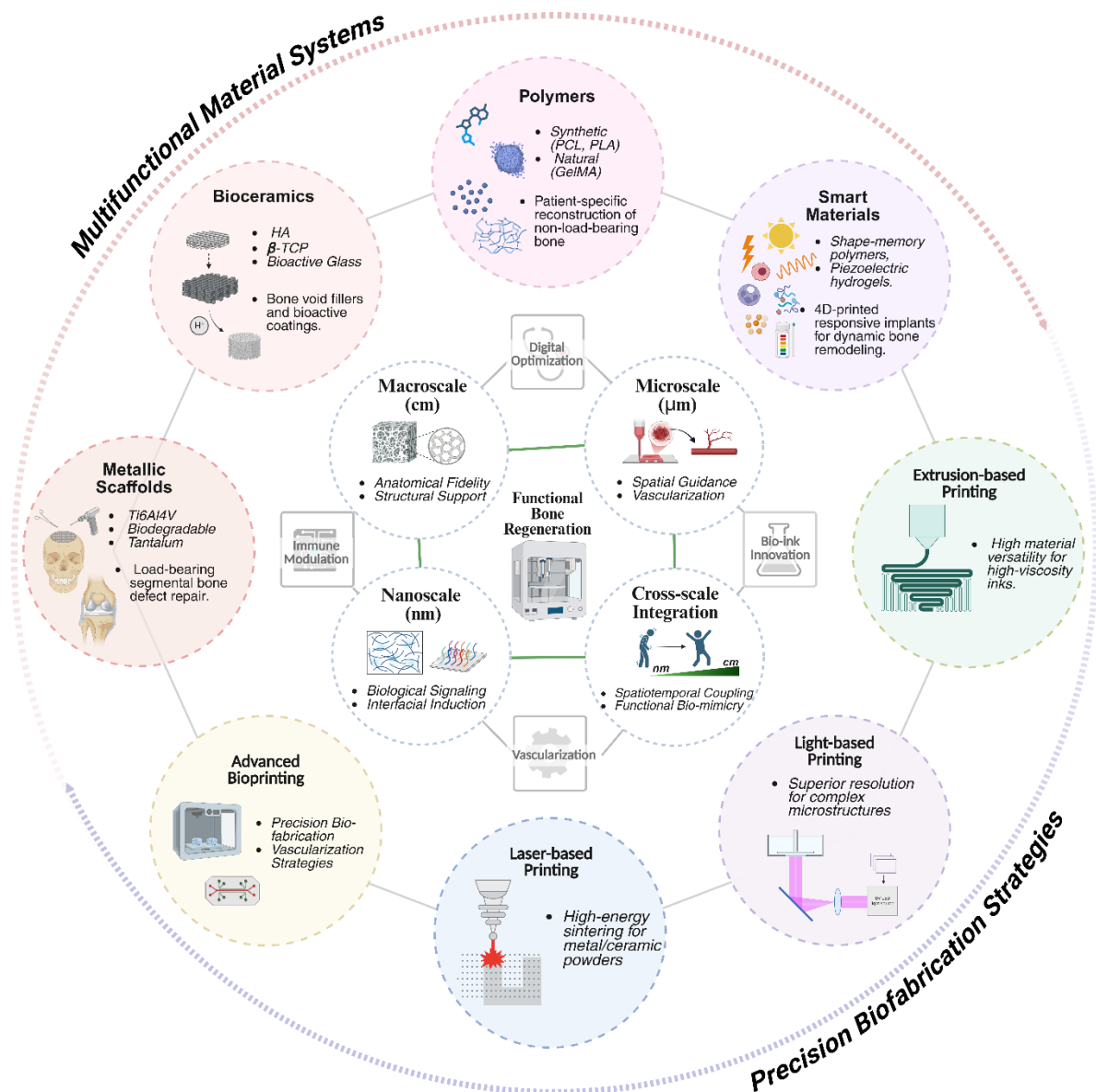


Figure 4. A comprehensive framework of multiscale 3D printing strategies for bone tissue engineering. The framework illustrates the integration of functional materials, fabrication technologies, and hierarchical structural regulation across multiple length scales. Macroscale reconstruction provides anatomical matching and mechanical support, microscale engineering regulates cellular organization and vascularization, and nanoscale engineering modulates biological signaling and cell–material interactions. Different printing approaches, including extrusion-based printing, light-assisted printing, laser-based printing, and advanced bioprinting techniques, contribute to cross-scale integration for functional bone regeneration. (Created with BioRender.com)

3. 3D Reconstruction of Bone Tissue

3.1. Cross-scale Coupling and Design Logic

Native bone is organized as a hierarchical system in which anatomical geometry, tissue architecture, extracellular matrix organization, and molecular signaling are functionally interconnected across multiple length scales¹⁷³. Accordingly, multiscale reconstruction should not be understood as the simple coexistence of macroscopic, microscopic, and nanoscale features within a single scaffold. Rather, design variables at one scale constrain, and are functionally coupled to, those at other scales. Macroscale geometry and bulk mechanics define the boundary conditions for implantation and load transfer; microscale pores, fibers, and channels regulate local stress distribution, cell organization, vascular ingrowth, and mass transport; and nanoscale surface and biochemical cues influence protein adsorption, cell adhesion, immune responses, and osteogenic signaling. Effective bone regeneration therefore requires coordinated optimization across scales rather than independent optimization of individual structural parameters¹⁷⁴. In this context, the primary challenge of 3D printing-based bone regeneration is not merely achieving higher spatial resolution, but establishing functional coupling between structural hierarchy, mechanical behavior, mass transport, and biological regulation across scales.

These cross-scale interactions generate inherent design trade-offs. At the macro- and microscales, increasing porosity or pore interconnectivity can enhance cell infiltration, nutrient diffusion, and vascular ingrowth, but may simultaneously compromise compressive strength, fatigue resistance, and structural stability. Conversely, increasing strut thickness or material density can improve load-bearing capacity while restricting mass transport and tissue penetration. Pore size and porosity should therefore be regarded as context-dependent design variables rather than universal criteria, with their preferred ranges determined by material properties, anatomical location, loading conditions, fabrication method, and biological requirements. Gradient architectures, topology optimization, and biomimetic lattice designs offer practical strategies for reconciling these competing demands by spatially integrating mechanically robust regions with highly porous regenerative domains^{173,175}. Microscale organization further defines the local environment in which nanoscale biological regulation occurs. Pore walls, printed fibers, and perfusable channels determine surface area, curvature, fluid shear, and cellular distribution, thereby affecting protein

adsorption and cellular responses to nanoscale topography, mineral phases, adhesive ligands, and released ions. Conversely, nanoscale functionalization can influence higher-scale performance. For example, nano-hydroxyapatite, bioactive glass nanoparticles, and other nanophases may enhance mineralization and osteogenic signaling, but can also alter ink rheology, particle dispersion, interfacial bonding, degradation behavior, and printing fidelity¹⁷⁶⁻¹⁷⁸. Thus, modifications at any individual scale should be evaluated in terms of their system-level consequences for mechanics, transport, processability, and biological function.

Cross-scale integration can be achieved through three complementary design routes. The first is hierarchical structural design within a single manufacturing process, using controlled toolpaths, lattice geometry, spatial gradients, or biomimetic architectures to coordinate macro- and microstructure. The second is hybrid fabrication, in which technologies with different material and resolution capabilities are combined; for example, a load-bearing metallic or thermoplastic framework produced by powder-bed fusion or fused deposition modeling may be integrated with cell-laden hydrogels through extrusion bioprinting. Sacrificial, embedded, coaxial, or multicellular printing can further introduce perfusable channels and spatially organized cellular compartments. The third is functional integration, in which cells, growth factors, bioactive ions, nanoparticles, or immunomodulatory components are selectively incorporated into the construct, including through post-printing mineralization, coating, or surface modification. Such approaches enable nanoscale interfacial functionality to be introduced without requiring the entire scaffold to be fabricated at nanometer resolution. Representative studies have incorporated Haversian-like channels, multicellular delivery systems, Voronoi-type architectures, hollow-fiber networks, and nano-apatite coatings to reproduce distinct aspects of hierarchical bone organization^{175,178,179}. These strategies are not mutually exclusive, and their selection should be dictated by the anatomical, mechanical, vascular, and biological requirements of the target defect rather than by printing resolution alone.

Despite these advances, most current studies integrate only two length scales or examine individual design parameters in isolation. Quantitative relationships linking macroscale mechanics, microscale transport and cellular organization, and nanoscale signaling remain poorly defined. Moreover, improvements at one scale may introduce adverse effects at another, as illustrated by the loss of mechanical stability associated with excessive porosity or the deterioration in

printability caused by nanoparticle incorporation. Future multiscale scaffold design therefore requires experimentally validated cross-scale models and multi-objective optimization frameworks that simultaneously consider anatomical matching, mechanical performance, mass transport, degradation, vascularization, and biological signaling. The following sections examine design principles and representative strategies at the macro-, micro-, and nanoscale levels before considering their integration in hierarchical bone reconstruction.

3.2. Macroscale 3D Reconstruction of Bone Tissue

At the macroscale, native bone functions as a natural functionally graded composite, in which coordinated integration of cortical and cancellous bone enables optimal mechanical performance and physiological function (**Fig.5A**). This hierarchical organization allows bone to simultaneously meet load-bearing and metabolic demands, representing an efficient biological design. Cortical bone forms the dense outer shell and diaphysis of long bones, accounting for approximately 80% of total bone mass. It consists of tightly packed osteons arranged in concentric lamellae, creating a compact tubular or plate-like architecture that provides high mechanical strength and resistance to deformation. However, its low porosity limits mass transport and nutrient exchange, resulting in relatively low metabolic activity. In contrast, cancellous bone is primarily located in the epiphyses of long bones, vertebral bodies, and flat bone interiors. Its interconnected trabecular network forms a highly porous 3D structure that facilitates efficient load distribution, impact absorption, and weight reduction. Importantly, cortical and cancellous bone are seamlessly integrated through continuous gradients in structure, composition, and mechanical properties rather than existing as isolated compartments. This macroscale architecture maximizes mechanical efficiency and physiological functionality while minimizing material usage, providing a key biological blueprint for macroscale bone reconstruction in 3D printing-based BTE.

Hierarchical Structure of Human Bone Tissue

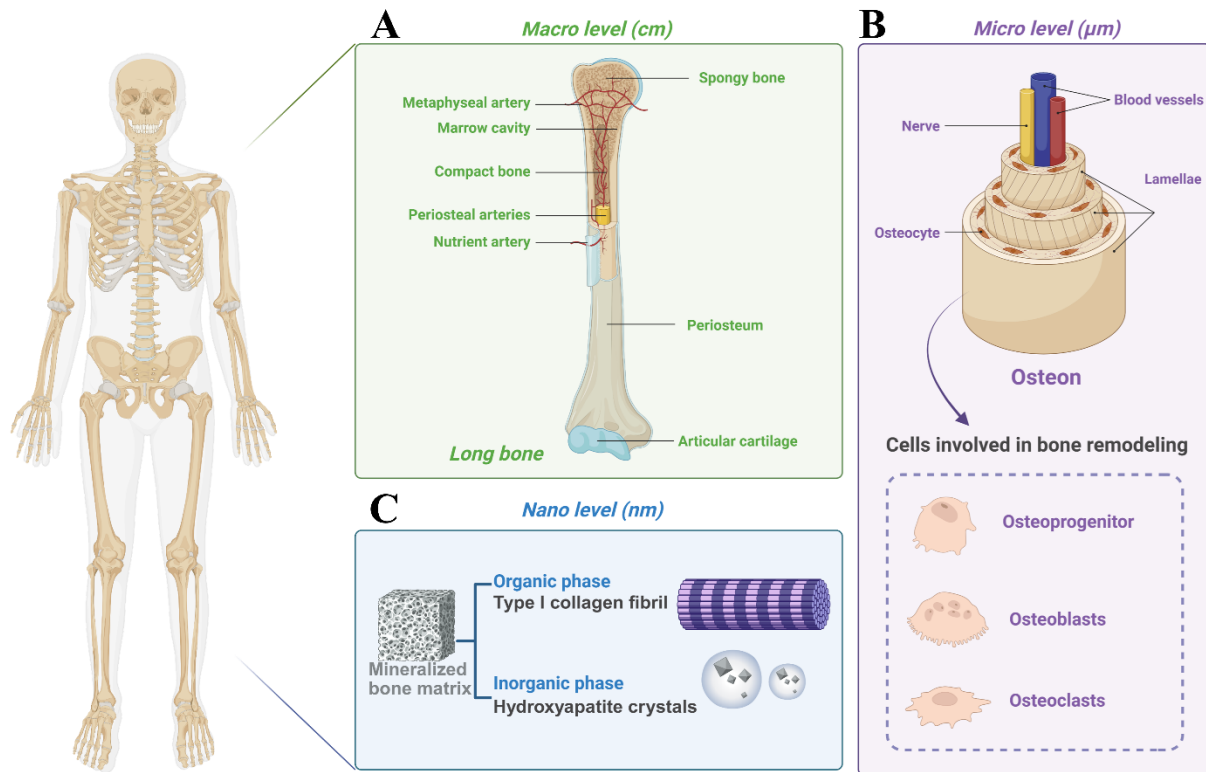


Figure 5. Hierarchical organization of native bone tissue across macro-, micro-, and nanoscale levels. (A) Macroscale architecture of bone, showing the organization of cortical and cancellous regions. (B) Microscale structure of bone, including osteons, vascular channels, and bone-remodeling cells. (C) Nanoscale composition of mineralized bone matrix, characterized by collagen fibrils and hydroxyapatite crystals that provide mechanical reinforcement and biological cues. (Created with BioRender.com)

At the macroscale, structure–function synergistic design has become a central paradigm in the development of 3D-printed bone scaffolds, markedly improving engineering feasibility and clinical translatability¹⁸⁰. By integrating patient-specific imaging data with digital modeling and layer-by-layer fabrication, 3D printing enables individualized and functional reconstruction of large, complex bone defects at the macroscale. Compared with conventional grafts, this approach allows direct mapping of personalized geometry and tunable mechanical parameters onto the implant¹⁴. In recent years, numerous studies have systematically demonstrated the feasibility and advantages of 3D printing for macroscale bone construction. Zhang et al. employed a low-cost and

process-stable FDM technique to fabricate PLLA/nHA composite scaffolds with patient-specific external geometry and high nano-hydroxyapatite content ¹⁸¹. The scaffolds precisely matched defect contours and exhibited macroscopic mechanical properties suitable for surgical implantation, with compressive strength exceeding that of native cancellous bone. In a complementary animal approach, Lee et al. utilized selective laser melting to produce Ti-6Al-4V implants incorporated with 58S bioactive glass ⁸⁸. Both bioactive glass coating and bulk incorporation strategies significantly accelerated early-stage bone ingrowth, as evidenced by increased bone–implant contact and bone density. A representative study combined a macroscopic 3D-printed PLA/HA composite scaffold with electromagnetic field (EMF) stimulation for repairing rat critical-sized calvarial defects ¹⁸². The scaffold provided suitable mechanical support and a porous architecture, while EMF treatment enhanced BMSC proliferation and osteogenic differentiation via MAPK-related signaling pathways, demonstrating the potential of integrating 3D-printed scaffolds with biophysical stimulation for craniofacial bone regeneration (**Fig.6A**).

In clinical applications, Ebel and colleagues evaluated the use of in-house 3D printing technology to fabricate personalized polymethyl methacrylate cranial implants ¹⁸³. The technology achieved excellent intraoperative fitting accuracy, even for complex frontotemporal orbital defects, and demonstrated significant cost-effectiveness, underscoring the economic and efficiency potential of 3D printing in clinical treatments. Another clinical case series of 16 patients, patient-specific PMMA implants were fabricated intraoperatively using customized 3D-printed moulds derived from preoperative CT-based 3D modeling ¹⁸⁴. The approach enabled accurate reconstruction of skull defects with good cranial symmetry, high patient satisfaction, and no postoperative complications, demonstrating that 3D printing–assisted customized moulds for cranial defect reconstruction (**Fig.6B**). Methodologically, modular and resorbable patient-specific scaffold workflows have been developed to integrate surgical constraints with successful feasibility validation in three clinical cases ¹⁸⁵. For complex limb fractures and segmental bone defects, 3D printing-assisted personalized steel plates facilitated shorter surgical times, faster bone healing, and improved joint function recovery. This benefit is attributed to preoperative precision planning and highly conformal intraoperative fixation, providing macroscale gains. Additionally, Liang et al. demonstrated that, in five cases of complex limb fractures, the 3D printing group showed significant improvements in surgical time, bone healing, joint function scores, and postoperative recovery compared to the conventional group ¹⁸⁶. This study confirmed that 3D printing can enable

precise preoperative planning, and enhance bone healing and functional recovery, further validating the clinical applicability and translational potential of this technology for complex fracture and segmental defect reconstructions.

Although significant progress has been made in the application of 3D printing technology for bone tissue morphological repair and mechanical support at the macroscale, the internal environment of the macroscopic scaffold remains biologically inert, lacking precise regulation of cellular behavior and metabolic needs. This is particularly problematic in the repair of large bone defects, where the core of the scaffold is prone to issues such as cell death, insufficient nutrient transport, and delayed vascularization. As a result, research focus is gradually shifting from the mechanical biomimicry of macrostructures to the construction of cellular microenvironments at the microscopic scale.

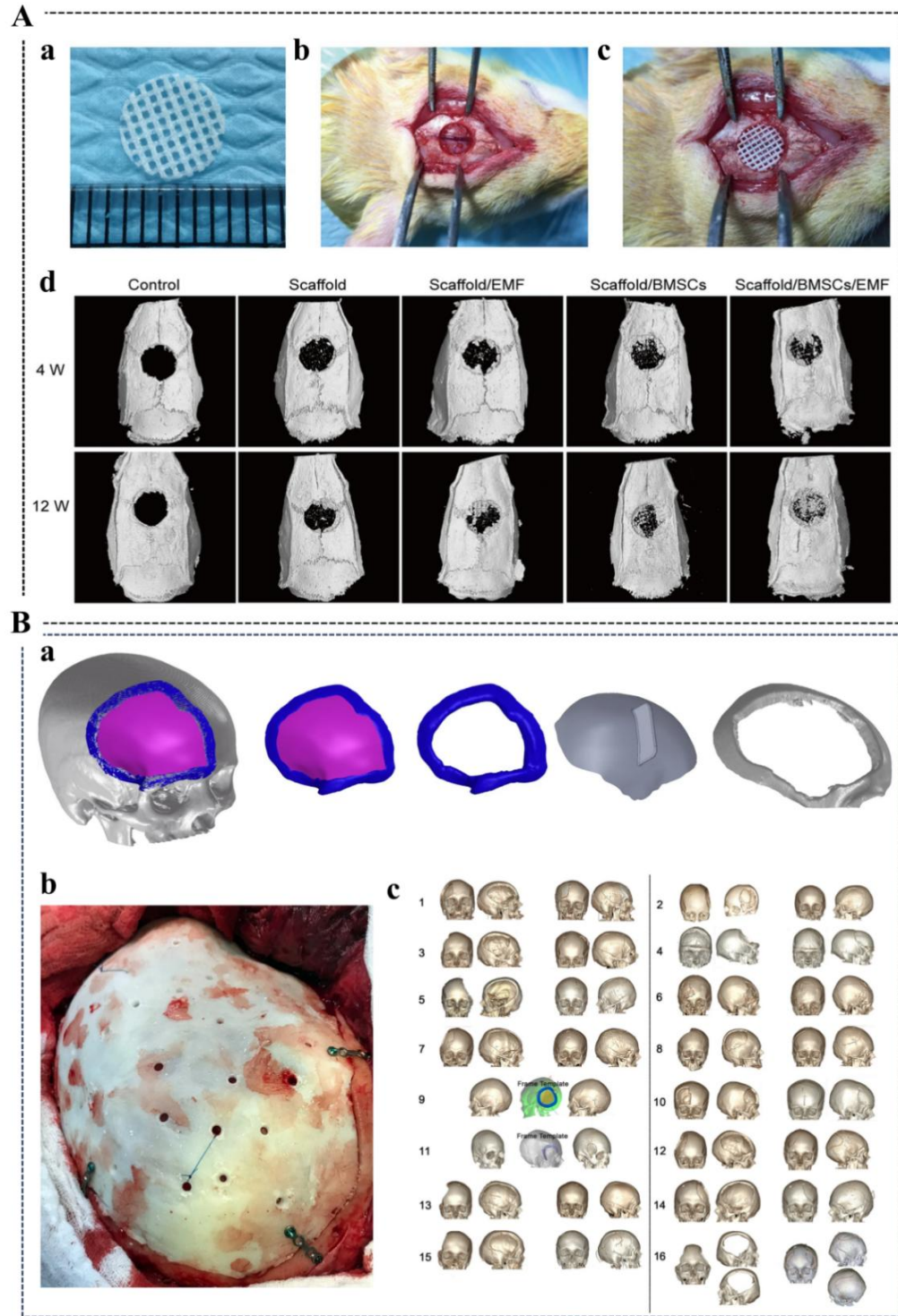


Figure 6. Macroscale 3D Reconstruction of Bone Tissue. (A) Construction of a rat critical-sized calvarial defect and representative reconstructed micro-CT images of craniums from different groups at four and 12 weeks¹⁸². (B) Cranioplasty with three-dimensional customised mould¹⁸⁴. a. Reconstructed skull showing craniectomy margins (blue) and implant sketch (pink). b. The implant was fixed over the defect using mini titanium plates. c. Pre-operative and post-operative coronal and sagittal views are shown for each patient.

3.3. Microscale 3D Reconstruction of Bone Tissue

Natural bone tissue at the microscale is a complex system consisting of organized functional units, ECM, and active cells (**Fig.5B**). In cortical bone, osteons are made up of a central Haversian canal surrounded by concentric lamellae, interconnected by Volkmann's canals, forming a 3D network of blood vessels and nerves. This structure enables high compressive and bending strength while maintaining metabolic activity. Trabecular bone consists of trabeculae arranged in plate-like or rod-like structures, forming an efficient porous network that supports load-bearing and facilitates bone marrow and vascular system function. The functionality of osteons and trabeculae relies on the ECM, a natural composite made up of organic and inorganic phases. The organic phase consists mainly of type I collagen fibers, which form a flexible framework providing tensile strength. The inorganic phase is primarily composed of hydroxyapatite crystals, which are oriented along the collagen fibers to provide rigidity and compressive strength. Based on the understanding of the microscopic structure, the main objectives of 3D printing in BTE include mimicking the ECM's topological structure, creating scaffolds with fibrous or network-like microstructures, and reproducing the spatial organization of natural bone. Therefore, microscale reconstruction aims not only to reproduce geometric features but also to establish functional cellular and vascular microenvironments that support tissue maturation.

With the advancement of multi-material printing, suspended printing, and photocuring technologies, researchers are now able to systematically validate the biological performance and regenerative potential of these constructs both in vitro and in vivo ¹⁷³. Recent studies show that 3D printing can precisely simulate the porous and fibrous ECM structure of natural bone at the microscopic scale, which can enhance osteoblast adhesion, migration, and differentiation ^{187,188}. Some researchers have co-print osteoblasts and endothelial cells in scaffolds or introducing hollow perusable channels to provide a template for vascular regeneration, which significantly improves cell activity and vascularization in the central region ¹⁸⁹. Zhu et al., designed and fabricated a structured scaffold for facilitating tendon-to-bone repair (**Fig.7A**), by offering a structurally and compositionally appropriate microenvironment for healing ¹⁹⁰. In addition, functionalized 3D-printed scaffolds, such as PCL/ β -TCP and HA/PLGA composites, can promote osteoblast proliferation and upregulate osteogenic-related genes, while also supporting the formation of tubular structures by endothelial cells ¹⁹¹. Zhang et al., have successfully prepared a bone-

mimicking scaffold with integrated hierarchical Haversian bone structure via DLP-based 3D printing (**Fig.7B**)¹⁷⁹. Additionally, Laubach and colleagues validated the in vivo regenerative potential of a Voronoi-based 3D-printed mPCL-HA scaffold in a T-cell-deficient CBH-rnu/Arc nude mouse ectopic transplantation model¹⁷⁵. Histological and scanning electron microscopy results showed that bone cells were distributed along the scaffold pore walls and interconnected through extensions, forming a microstructure continuous with the host bone. A multicenter randomized controlled trial evaluated the safety and efficacy of this specific low-temperature-printed Mg-PLGA-TCP scaffold for the treatment of critical-sized bone defects²⁶. The study provided early clinical evidence for the feasibility of this scaffold, although larger patient cohorts and longer follow-up periods are required to evaluate its long-term effectiveness and safety. These achievements demonstrate that structurally controllable, compositionally optimized 3D-printed materials are now ready for clinical trials, laying the groundwork for future advancements in microstructural optimization and functional printing. However, to fully capture the complexity of bone tissue's mechanical properties and biological activity, it is essential to transition from the microscopic to the nanoscale. At the nanometer level, the organization of material units, interfacial interactions, and molecular architecture intricately define the physical and biological properties of bone. The mechanical characteristics of bone and its specific responses to cellular behavior are not merely coincidental outcomes of the microscopic structure; rather, they are governed by the precise arrangement and interactions of nanoscale components. This progression from nanostructure to tissue function highlights the deep integration of structure and function in biological materials, which is key to advancing both micro- and nanoscale design in 3D printing for bone regeneration.

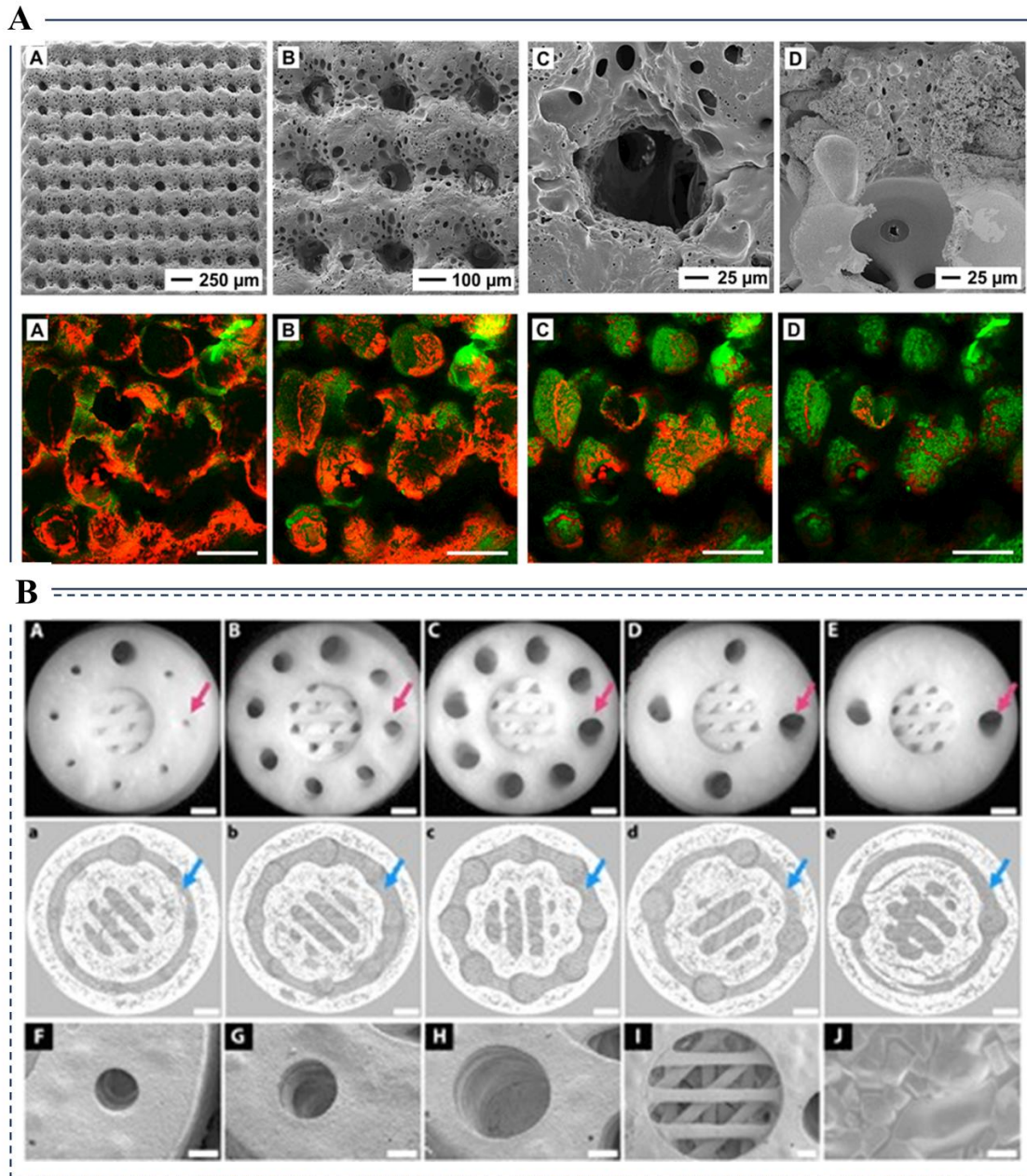


Figure 7. Microscale 3D Reconstruction of Bone Tissue. (A) TEM images of a layered scaffold structure, with fluorescence images of adipose-derived stromal cells cultured on the scaffold for 28 days¹⁹⁰. Reprinted with permission from John Wiley and Sons¹⁹⁰. Copyright © 2018 WILEY. (B) 3D printing of bioceramic scaffolds mimicking cortical and cancellous bone structures¹⁷⁹.

3.4. Nanoscale Engineering Integrated with 3D Printing

At the nanoscale, native bone is characterized by a highly organized organic–inorganic composite architecture composed primarily of type I collagen fibrils and hydroxyapatite nanocrystals (**Fig.5C**). Collagen molecules assemble into fibrils with a characteristic periodic banding pattern, within which plate- or needle-like hydroxyapatite crystals nucleate and align preferentially along the collagen fibril axis rather than being randomly distributed. This hierarchical mineralized collagen structure combines the toughness and crack resistance of the organic matrix with the stiffness and compressive strength of the mineral phase. Interfacial interactions between collagen and hydroxyapatite, including hydrogen bonding, electrostatic interactions, and chemical coordination, further facilitate stress transfer across the organic–inorganic interface and contribute to the distinctive combination of strength, stiffness, and toughness exhibited by bone. Beyond mechanical reinforcement, nanoscale surface roughness, fibrillar orientation, mineral organization, and interfacial chemistry also provide instructive biological cues. Cells sense these nanoscale physical and chemical features through adhesion receptors such as integrins, thereby activating downstream signaling pathways that regulate adhesion, spreading, proliferation, migration, and osteogenic differentiation. The nanoscale organization of bone therefore serves not only as a structural determinant of mechanical performance but also as a biologically active interface that mediates cell–matrix signaling. In the context of 3D printing, nanoscale engineering can be broadly divided into two conceptually distinct strategies. The first is direct high-resolution fabrication, in which the manufacturing process itself physically defines submicrometer or nanoscale structural features. The second is nanoscale material and interfacial functionalization, in which nanostructured components, coatings, or surface features are incorporated into conventionally printed constructs to modulate cell–material interactions. This distinction is important because most extrusion-, inkjet-, and conventional photopolymerization-based systems used in bone tissue engineering operate predominantly at micrometer-scale resolution or above and therefore do not directly fabricate nanometer-scale architectures throughout the construct.

Among direct high-resolution fabrication techniques, two-photon polymerization (TPP), also termed two-photon lithography or direct laser writing, offers one of the most established routes to three-dimensional submicrometer structural control¹⁹². In TPP, nonlinear two-photon absorption confines polymerization to a highly localized focal volume, enabling the fabrication of complex

3D structures with submicrometer features and, under optimized conditions, nanoscale feature dimensions ¹⁹³. However, the high spatial resolution of TPP is typically accompanied by limited build volume, restricted material compatibility, and relatively low throughput, which constrain its application to clinically relevant bone constructs. Recent advances, such as the resonant-scanner-based TPP system developed by Binder et al., have substantially increased fabrication speed and illustrate ongoing efforts to address these limitations ¹⁴⁶. Melt electrowriting (MEW) similarly enables highly controlled deposition of fine polymer fibers and is increasingly used to fabricate ordered cell-scale fibrous networks for tissue engineering ¹⁹⁴. Nevertheless, MEW is generally regarded as a high-resolution microscale fabrication technique rather than a routine nanometer-resolution printing platform ¹⁹⁵. Direct nanoscale fabrication therefore remains largely restricted to specialized technologies and relatively small fabrication volumes.

A more widely applicable strategy is to introduce nanoscale functionality into scaffolds that are themselves fabricated at the macro- or microscale. For example, Yun et al. combined extrusion-based 3D printing with low-temperature thermally induced phase separation to produce hierarchical PLA scaffolds containing nanofibrous surface features ¹⁷⁶. In this system, nanoscale morphology arose from phase separation rather than from the spatial resolution of extrusion printing itself (**Fig.8A**). Likewise, nano-hydroxyapatite, nano-bioactive glass, nanosilicates, and other nanostructured components can be incorporated into printing formulations or deposited onto scaffold surfaces to reproduce ECM-like physicochemical cues ¹⁷⁷. Hu et al. employed nanofibrous microspheres as hierarchical building blocks for porous scaffold construction (**Fig.8B**) ¹⁹⁶. While nanocomposite bioinks containing nanosilicates or hydroxyapatite have been investigated for their ability to regulate cell adhesion, osteogenic differentiation, matrix mineralization, and immune responses ¹⁹⁷⁻²⁰⁰. Surface mineralization, nanoparticle coating, and post-printing nanostructuring can further introduce localized biochemical and topographical signals without requiring the entire scaffold to be fabricated at nanometer-scale resolution. These approaches are therefore more appropriately described as nanoscale material engineering, interfacial functionalization, or nanoscale biological regulation integrated with 3D-printed constructs.

Overall, current 3D printing technologies do not routinely enable the fabrication of clinically sized bone scaffolds with uniform nanometer-scale resolution throughout the entire construct. Conventional extrusion, fused deposition modeling, inkjet printing, stereolithography, and digital

light processing primarily operate from the micrometer scale upward, whereas specialized techniques such as TPP can provide localized submicrometer or nanoscale control at the expense of throughput, material versatility, and build size. Consequently, most nanoscale strategies in bone tissue engineering rely on coupling macro- or microscale additive manufacturing with nanostructured materials, surface engineering, or complementary post-processing. In this review, “direct nanoscale fabrication” therefore refers specifically to processes that physically define nanoscale structural features during fabrication, whereas “nanoscale engineering” is used more broadly to describe nanoscale material, surface, and interfacial regulation integrated with 3D-printed bone constructs.

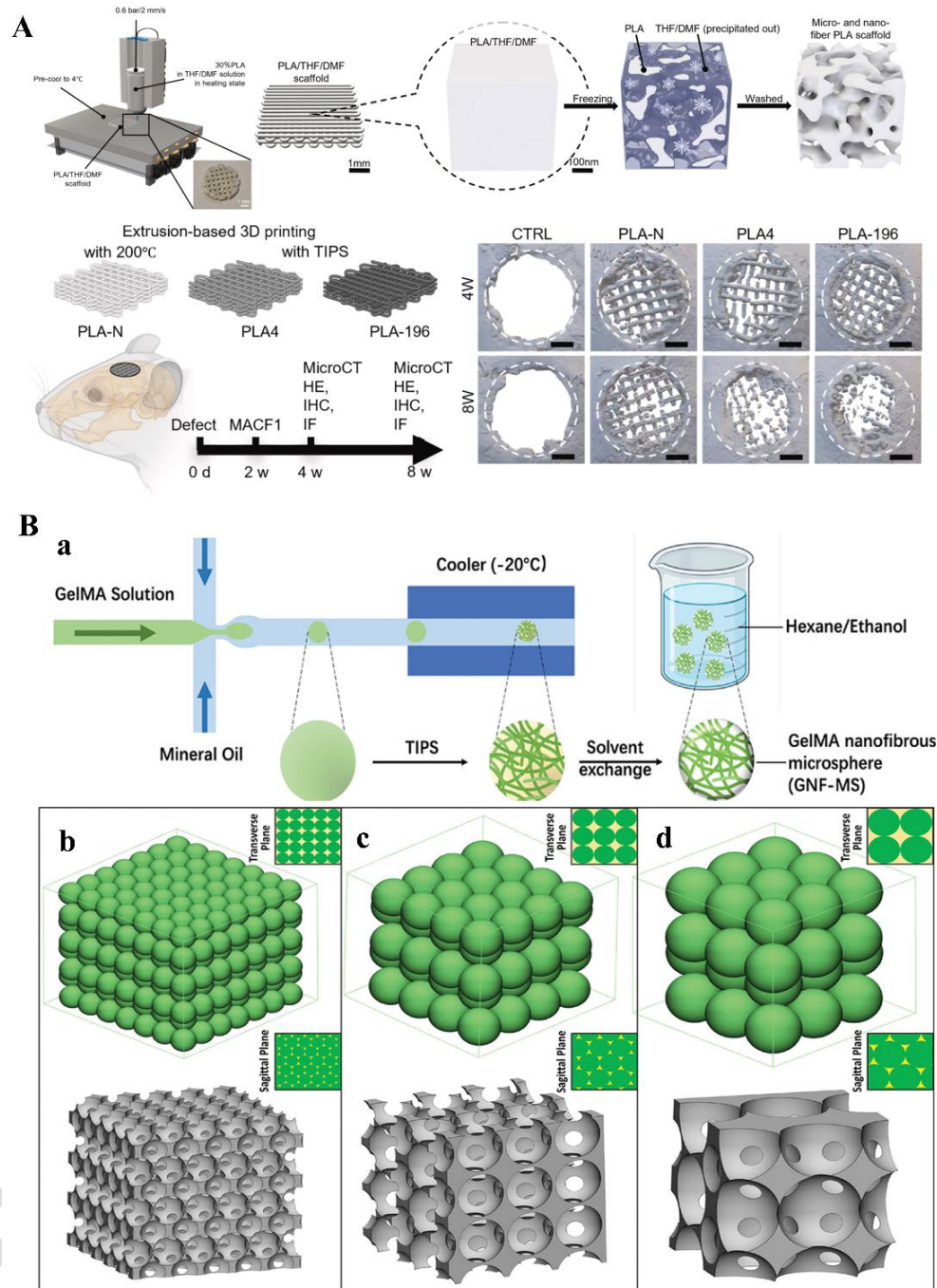


Figure 8. Nanoscale engineering integrated with 3D-printed bone scaffolds.(A) A hierarchical osteogenic PLA scaffolds by 3D printing combined with thermally induced phase separation ¹⁷⁶. (B) 3D printing hierarchical porous nanofibrous scaffold for bone regeneration ¹⁹⁶. (a) Schematic diagram of GelMA nanofibrous microspheres fabrication. (b–d) 3D computer-simulated analysis diagrams of the local interstitial voids (second row) under regular and close arrangement of uniform microspheres of different sizes (20, 33.3, and 50μm), as

well as the transverse and sagittal plane diagrams of the interstitial void distribution between microspheres (yellow). Reprinted with permission from John Wiley and Sons ¹⁹⁶. Copyright © 2024 Wiley.

4. Challenges and Future Perspectives

Multiscale 3D printing-based BTE aims to integrate patient-specific architecture, hierarchical structural design, and bioactive materials to enable functional, vascularized, and regenerative bone repair (**Fig.9**). Despite the remarkable progress made in 3D printing technology for BTE, current research shows that achieving clinically functional bone regeneration remains a significant challenge ^{173,201}. In terms of multi-scale structural integration, while existing technologies have enabled individualized shape matching at the macroscopic level, the simulation of porous structures at the microscopic scale, and the introduction of mineral components at the nanoscale, the coupling between these scales remains insufficient ¹⁷⁴. Most studies continue to focus on optimizing individual scales independently, while systematic strategies for quantitative cross-scale integration remain insufficient ^{178,202}. This results in printed scaffolds that struggle to simultaneously meet the demands for mechanical support, cellular microenvironment regulation, and nano-interface bioactivity. Addressing these cross-scale dependencies therefore remains a central challenge in the design of functionally integrated bone constructs.

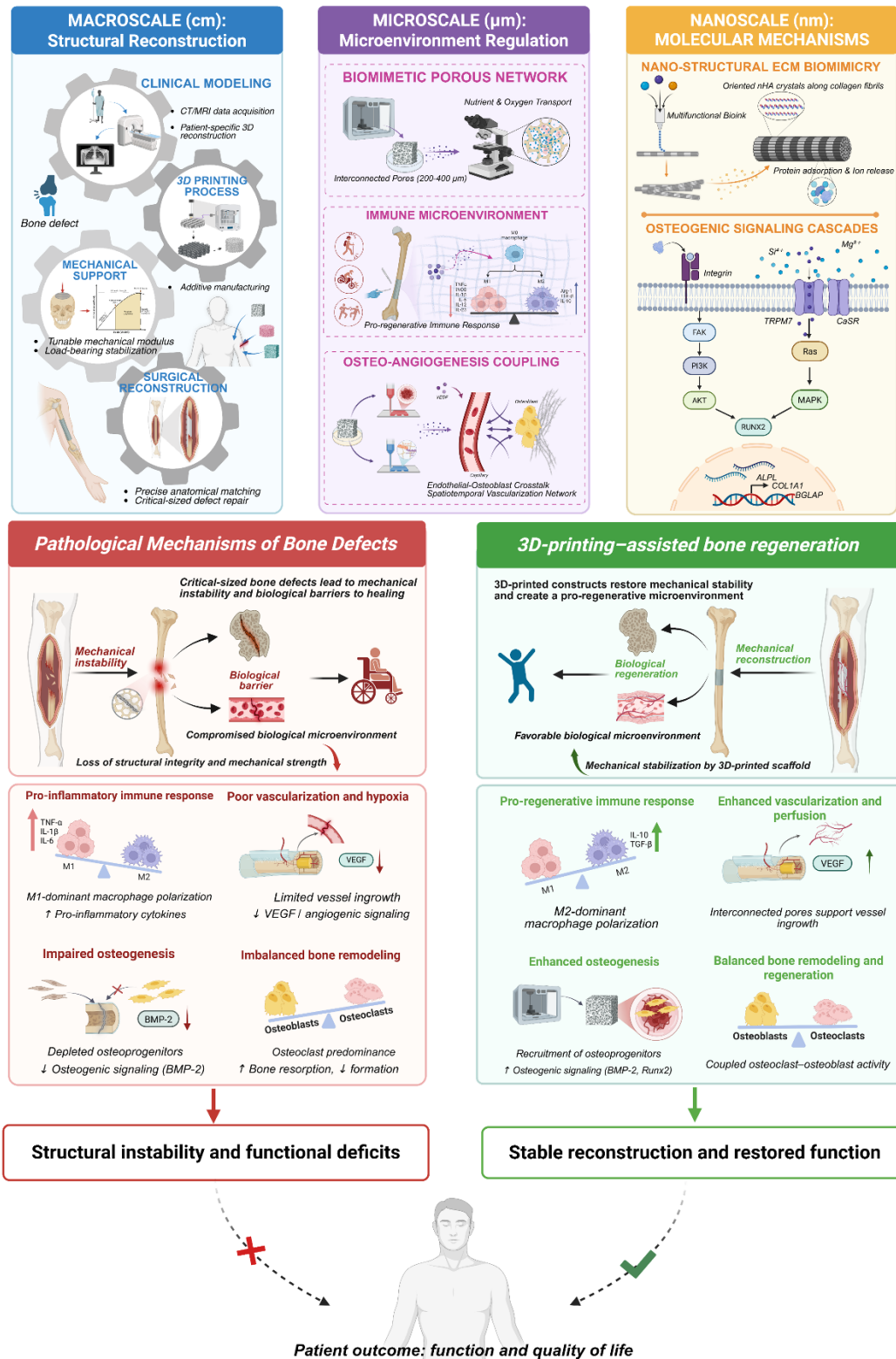


Figure 9. Macro–micro–nano multiscale design strategies and their roles in 3D printing-assisted bone regeneration. The schematic summarizes how multiscale 3D printing integrates structural reconstruction and

biological regulation after bone injury. At the macroscale, patient-specific reconstruction restores anatomical geometry and mechanical stability. At the microscale, engineered pores, vascular networks, and immune-regulated microenvironments promote tissue integration. At the nanoscale, biomimetic interfaces and molecular signaling cues regulate cellular responses and osteogenic processes. The coordinated interaction among different scales contributes to stable and functional bone regeneration. (Created with BioRender.com)

In the material system, although composite ink strategies provide new ideas for multifunctional integration, challenges such as interface compatibility between materials, degradation synchronization, and dynamic matching of mechanical and biological properties remain core bottlenecks. For example, ceramic-polymer composite systems often face issues like phase separation, sintering shrinkage, and interface cracking, while natural-synthetic hybrid materials encounter challenges in controlling degradation rates and mechanical property decline *in vivo*. These problems not only affect the structural stability of the constructs but also weaken their long-term biological function. Additionally, maintaining the activity of biological components (such as cells, growth factors, and exosomes) during the printing process and achieving precise spatial distribution still present technical difficulties. The concept of "printing and growing" has not yet been fully validated in complex *in vivo* environments.

More critically, 3D printed bone tissue engineering has yet to make substantial breakthroughs in two core areas: vascularization and immune modulation. The vascular system is essential for bone regeneration, but current pre-vascularization strategies (such as co-printing endothelial cells or pre-fabricating perfusable channels) are still largely confined to *in vitro* stages. Rapid reconstruction of blood vessel networks and effective integration with the host vascular system post-implantation remains challenging, with common issues such as insufficient nutrient delivery, cell death, and delayed regeneration in the core regions of large-volume scaffolds. "Delayed vascularization remains one of the major challenges limiting the clinical translation of large-volume bone constructs. At the same time, immune responses play a dual role in bone regeneration: moderate immune activation can promote tissue repair, while excessive inflammation may trigger foreign body reactions, fibrosis, or even implant failure. Current research has paid insufficient attention to the immune microenvironment induced by scaffold materials, particularly in areas like macrophage polarization (M1/M2 balance), T-cell responses, and immune-osteogenesis coupling.

Future research must focus on how to achieve immune-friendly bone regeneration through surface functionalization, topological optimization, or the incorporation of immune-modulatory factors.

Looking ahead, several emerging directions may further extend the functional scope of 3D-printed bone constructs. Four-dimensional printing introduces temporal responsiveness through shape-memory polymers or stimulus-responsive hydrogels, allowing scaffold geometry, mechanical properties, or therapeutic release to evolve during healing²⁰³. In situ bioprinting may provide another route toward patient-specific repair by depositing cell–material constructs directly at the defect site, although surgical integration and reproducibility remain major challenges. In parallel, osteoimmunology is becoming increasingly relevant to scaffold design, as material-induced immune responses can influence inflammation, vascularization, and subsequent bone formation. These developments broaden the role of 3D printing from static structural replacement toward dynamically regulated regeneration.

The deep integration of artificial intelligence and computational design is reshaping the development paradigm of multiscale 3D-printed bone scaffolds. At the application level, topology optimization algorithms have been employed to generate biomimetic scaffolds that simultaneously achieve high porosity and mechanical stability. For example, Laubach et al. designed mPCL-HA scaffolds using a Voronoi-based algorithm, achieving uniform and tunable micro-porosity while maintaining macroscopic mechanical strength¹⁷⁵. Machine learning models are also used to predict scaffold mechanical properties and degradation behavior. Zarei et al. provided a systematic review of additive manufacturing and machine learning strategies, highlighting that machine learning can analyze multiple parameters affecting scaffold performance—including pore size, porosity, surface roughness, and mechanical properties—and correlate these with in vitro and in vivo experimental results to develop predictive models that guide design and optimize scaffolds for enhanced bone regeneration²⁰⁴. Furthermore, response surface methodology (RSM), as a classical experimental design tool, has been used by Thangavel et al. to systematically optimize the filling ratio, sintering temperature, and material composition of WH/CS composite scaffolds, achieving multi-objective synergistic optimization⁸³. Nevertheless, current technical challenges include the dimensional explosion of multiscale parameter spaces, making experimental data insufficient for model training, and the lack of effective integration of macroscopic, microscopic, and nanoscale physical models, limiting AI predictions to single-scale optimization. Future directions should

focus on developing hybrid frameworks combining physical modeling with machine learning, using finite element simulations to generate large-scale training datasets to compensate for limited experimental samples; advancing multiscale co-optimization algorithms that integrate macroscopic mechanics, microscopic mass transport, and nanoscale signaling as unified objectives; and promoting digital twin technologies throughout the scaffold lifecycle to achieve a predictive and controllable closed-loop system spanning design, printing, implantation, and degradation.

In summary, multiscale 3D printing for bone tissue engineering should be viewed as the coordinated reconstruction of structural and biological functions across hierarchical levels rather than as the independent optimization of individual scales. At the macroscale, design should restore patient-specific anatomy and provide appropriate mechanical support and load transfer, which establishes the structural foundation for subsequent microscale biological organization. At the microscale, pore architecture, channels, and cellular organization should facilitate mass transport, vascular ingrowth, and spatial tissue formation while providing the local environment in which nanoscale biological cues operate. At the nanoscale, material interfaces and bioactive cues should regulate cell–material interactions and molecular signaling. The value of 3D printing lies in its ability to connect these requirements within a programmable manufacturing framework. Future progress will therefore depend less on maximizing structural complexity at any single scale than on achieving reproducible cross-scale coordination that supports stable, vascularized, and functionally integrated bone regeneration.

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Conflict of interest

The authors declare they have no competing interests

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